

**2010  
Cincinnati  
Flying Pig Marathon  
Powered by P&G**

**MEDIA GUIDE**



**MEDIA CONTACTS:**

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**MEDIA SUPPORT:**

**Friday, April 30 through Saturday, May 1, 2010**  
Race Weekend Media Center  
P&G Health & Fitness Expo  
Duke Energy Convention Center, Fifth and Elm, Cincinnati

**Sunday, May 2, 2010**  
Finish Line Media Center

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## **MEDIA SERVICES**

### **Key Contacts**

Game Day Communications is the public relations firm of record for the Cincinnati Flying Pig Marathon powered by P&G. Interview requests before and during Marathon weekend will be handled by Jackie Reau (513.708.5822 mobile) and Betsy Ross (513.535.5552 mobile). Please call the Game Day office at 513.929.4263 prior to Friday, April 30 for media questions, and the mobile numbers on Marathon weekend.

### **Race Weekend Media Center**

A media center with interview area will be open at the P&G Health & Fitness Expo, Duke Energy Convention Center, Cincinnati, on Friday and Saturday and will be staffed during Expo hours, noon to 7 p.m. Friday and 10 a.m. to 7 p.m. Saturday. A media representative also will be present Saturday at the Flying Pig Toyota 10K, the Flying Pig Fleet Feet Sports 5K and the Walmart Family Festival and Flying Piglet presented by First Watch, the Enquirer and Children's Hospital, Sawyer Point. The Marathon Day media center will be accessible at the Finish Line area on Saturday and Sunday. Winners will be brought to the media center.

### **Press Services Available**

#### **Operational Services**

The media center on race day will have power, wi-fi capability for computer internet access and printer/copy services. Table space will be set aside for working media, and a separate interview area will be set up for winner debriefings.

#### **Interviews**

Marathon officials, including Executive Director Iris Simpson-Bush, will be available for interviews on Friday and Saturday. Special weekend guests of the Pig also will be available, and runners of human interest will be made available. Please let Game Day Communications know of any other runners you would like to be made available for pre-race interviews.

#### **Race Day Viewing**

Media credentials will allow access to the Start Line by Paul Brown Stadium. Television monitors will be set up at the Finish Line media center to follow coverage from media partner, WLWT-TV. A photo truck that travels ahead of the runners is available, in addition to a photo bridge at the finish line.

#### **Media Center**

The Finish Line Media Center will be staffed from 4 a.m. on Race Day Morning until 2 p.m. Race Day Afternoon. Additional representatives will be at the start line.

#### **Post-Race Interviews**

Winners of the Wheelchair, Marathon (men and women), Half Marathon, (men and women), City Dash 4-person relay, Paycor Corporate Relay, Walker Division and Old Spice High Endurance 'Mile to the Finish' (men and women) will be brought to the Media Center immediately after their finishes. Requests for one-on-one interviews with other runners of interest to your media outlet must be made in advance of Race Day so we can monitor their progress and estimated finishing times.

## **MEDIA EVENTS, INTERVIEWS AND PHOTO OPPORTUNITES**

The Cincinnati Flying Pig Marathon powered by P&G offers a number of opportunities for media coverage beyond the race itself. This is just an outline of some of the activities and human interest stories that surround the weekend:

### **Charities**

More than 125 charities use the Cincinnati Flying Pig Marathon as a fund raiser, from manning water stops to sponsoring runners who raise money through pledges. Charities range from high school booster groups to Leukemia-Lymphoma Team in Training, the Marathon's signature charity. More than \$1 million was raised in two of the last three Marathons for Tri-State charities. In addition, the Fleet Feet Sports 5K includes the "Hope and Possibility" division, open to entrants of any and all abilities.

### **Volunteers**

It takes more than 4,000 volunteers to make the Marathon run smoothly each year. Many volunteers have been with the Marathon since the beginning.

### **Walkers**

The Marathon welcomes and encourages walkers for all divisions. The walkers will go off with the full marathon field at 6:30 a.m. The course will close on a continuous pace of 16:00 minutes per mile. Special training programs are offered to train the walkers for the 26.2 miles and can be found at [www.flyingpigmarathon.com](http://www.flyingpigmarathon.com).

### **Marathon Founders**

The Cincinnati Flying Pig Marathon began with a group of local runners, a dream and a bar napkin with a Marathon route scrawled on it. Several of those original planners remain with the Marathon and are eager to share their story on how it all began, including Bob Coughlin, president of Paycor, and Bob Roncker, from Bob Roncker's Running Spot.

### **Training Programs**

Several training programs are available for walkers and runners of all abilities. The Fleet Feet Sports 5K features a "No Boundaries" beginning training course and Bob Roncker's Running Spot operates training programs throughout the season. Additionally, this year, the Flying Pig Marathon is partnering with *Runner's World* magazine for the Runner's World Challenge virtual training program for both the full and half marathons.

### **Runner's World Challenge**

This year the Flying Pig Marathon and Half Marathon are teaming up with *Runner's World* magazine to offer the Runner's World Challenge, a virtual training and support program featuring some of the top editors of *Runner's World*, including Bart Yasso, Chief Running Officer at the magazine. Participants get a special VIP start and finish area, along with the best training available from the experts. Several *Runner's World* editors will be on hand for interviews during the weekend.

### **Marathon Medal**

The Flying Pig Marathon medal is one of the most coveted medals among marathoners. Its unique 3-D design, with both the front and back of our distinctive 'Pig,' make the medals one of the most popular. Medals are given for all finishers in the full Marathon, Half Marathon, City Dash 4-person relay, Paycor Corporate Relay, Toyota 10K, the Fleet Feet Sports 5K, and Flying Piglet Kids' Fun Run presented by First Watch, the Enquirer and Children's Hospital.

### **The Pigs**

Our Marathon Race Day mascots have been at the finish 'swine' since its first year, and are usually in big demand for photos with the runners. You'll see them at the Start and Finish lines, cheering the runners on.

### **"Pump & Run"**

The Cincinnati Flying Pig Marathon is partnering again with the Lord's Gym for a "Pump & Run" fund raising event, designed for runners, cross trainers and weight lifters. The PNR reduces a contestant's overall event run time, based on how many times he/she can bench press a percentage of their body weight. Originally just offered in the 5K, the Pump and Run now has expanded to every Marathon weekend event.

### **Old Spice High Endurance 'Mile to the Finish'**

Once again, Old Spice High Endurance will offer prizes to the men's and women's fastest final mile of the Marathon course.

### **Marathon poster**

Since the beginning of the Marathon, 'mktg' (formerly CoActive Marketing Group) has designed the marketing 'look' of the Marathon, including the medal design and the commemorative poster. The poster is given to participants as part of their 'goodie' bags.

### **"Hams" at the Pig:**

Local "Ham" radio volunteers are positioned at each mile of the Marathon to provide safety updates along the course. Since the first Marathon in 1999, members of the Queen City Emergency Net have volunteered their time, services and equipment to the Cincinnati Flying Pig Marathon. The Net is a group of about 120 ham radio operators who assist the community during times of disaster, and during large-scale events like the Flying Pig Marathon.

**QUICK FACTS**

**12th Annual Cincinnati Flying Pig Marathon**

**SUNDAY, MAY 2, 2010**

All divisions start along Mehring Way by Paul Brown Stadium, Cincinnati, Ohio

**Wheelchair Marathon (26.2 miles/42K) ..... 6:25 AM**  
**The Flying Pig Marathon powered by P&G (26.2 miles/42K)..... 6:30 AM**  
**City Dash 4-person Relay/Paycor Corporate Relay ..... 6:30 AM**  
**Half Marathon ..... 6:30 AM**

Marathon start and leaders' finish will be televised live on WLWT-TV, Channel 5.

**WHY 26.2 MILES?**

Most people assume that the Marathon distance of 26.2 miles represents the distance between the battlefields of Marathon and Athens that Pheidippedes supposedly ran to announce a Greek victory of the Persian army, but that's not exactly true. When the Marathon was first introduced in the Olympic Games by Baron Pierre de Coubertin in 1896, the race was 40 kilometers – the actual distance between the two cities. However, the distance was changed in 1908 when the Olympics were held in London, England. Race organizers originally set the start in downtown Windsor but subsequently moved it to the lawn of Windsor Castle so the royal family could watch the start from their front porch. The finish line, however, remained the same so the race became 26 miles and 285 yards, the distance from the royal lawn to the finish line in Olympic Stadium.

**HOW LONG IS 26.2 MILES?**

LeBron James would have to go baseline to baseline 1,471 times in a game to run a marathon distance... the Reds' Jay Bruce would have to hit 385 home runs to complete a marathon... the Bengals' Carson Palmer would have had to string together 231 200-yard passing games to reach the distance.

**PACE CHART**

<b>MILE PACE TIME</b>	<b>WILL FINISH IN:</b>
6:00.....	2:37:17
6:30.....	2:50:23
7:00.....	3:03:29
7:30.....	3:16:35
8:00.....	3:29:41
8:30.....	3:42:47
9:00.....	3:55:53
9:30.....	4:08:59
10:00.....	4:22:05
10:30.....	4:35:11
11:00.....	4:48:17
11:30.....	5:01:23
12:00.....	5:14:29
12:30.....	5:27:35
13:00.....	5:40:41
13:30.....	5:53:47

## **RACE WEEKEND EVENTS**

### **Friday, April 30, 2010**

Noon to 7 p.m.

P&G Health & Fitness Expo and packet pickup - Free  
Duke Energy Convention Center  
Fifth and Elm, Cincinnati, Ohio

### **Saturday, May 1, 2010**

6:30 a.m.

Registration and packet pickup for Toyota 10K at Reds Hall of Fame

7:30 a.m.

Registration for Lord's Gym Pump N' Run 5K

8 a.m. Start

Flying Pig Toyota 10K, Joe Nuxhall Way

9 a.m.

Registration and packet pickup for Fleet Feet Sports 5K events and the Flying Piglet Kids' Fun Run at Reds Hall of Fame

10 a.m. Start

Fleet Feet Sports 5K, Joe Nuxhall Way

11:30 a.m.

Ernst & Young Flying Pig Kids Marathon One Mile

Noon Start

The Flying Piglet Kids' Fun Run and Walmart Fun Festival, featuring the Pampers Diaper Dash, presented by First Watch, at Yeatman's Cove

Noon

Mascot Race and Parade

10 a.m. to 7 p.m.

P&G Health & Fitness Expo and packet pickup - Free  
Duke Energy Convention Center  
Fifth and Elm, Cincinnati, Ohio

4:30 p.m.,  
6 p.m.,  
7:30 p.m.

Walmart Flying Pig Pasta "Pig Out" - \$20 for adults, \$15 for children ages 3-12 and children under 3 are free.

### **Sunday, May 2, 2010**

6:15 a.m.

Opening Ceremonies, start line, Mehring Way

6:25 a.m.

Wheelchair Start

6:30 a.m.

Start of Flying Pig Marathon powered by P&G, Half Marathon, City Dash 4-Person Relay, Paycor Corporate Relay

10 a.m. to 3 p.m.

Victory Party at Yeatman's Cove

**Saturday, May 1, 2010**

**Flying Pig Toyota 10K .....8 a.m.**

The Flying Pig Toyota 10K, starting on Joe Nuxhall Way, is now the headline event on Marathon Saturday, kicking off a busy day of family activities leading up to Sunday's Marathon. Finishers medals go to all participants.

**Flying Pig Fleet Feet Sports 5K.....10 a.m.**

The Flying Pig Fleet Feet Sports 5K, starting on Joe Nuxhall Way, includes several charities' events, including the "Hope and Possibility" division for participants of all ages.

**Ernst & Young Flying Pig Kids Marathon One Mile .....11:30 a.m.**

The Kids Marathon, starting on Joe Nuxhall Way, serves as the end of an incremental 'marathon' that hundreds of area school children participated in, over the three months leading up to the Flying Pig. Others just use the One Mile event as a fun run for all ages!

**Flying Piglet Kids' Fun Run and Walmart Family Festival.....12 noon**

The Flying Piglet Kids' Fun Run and Walmart Family Festival featuring the Pampers Diaper Dash presented by First Watch will begin with registration at 9 a.m. and activities starting at noon along the riverfront in downtown Cincinnati. The Pampers Diaper Dash will start the competition at 12:30 p.m. for children under the age of one. The subsequent races will vary in distance and be divided by age groups:

- 12:00 p.m.-Mascot parade and race
- 12:30 p.m. - Diaper Dash 15ft crawl or walk
- 12:45 p.m. - 2-3 year old 25 yards
- 1:00 p.m. - 4-5 year old 50 yards
- 1:15 p.m. - 6-7 year old 100 yards
- 1:30 p.m. - 8-9 year old 250 yards

Children over 9 years of age are invited to participate in the Kids' Marathon one mile, or the Fleet Feet Sports 5K.

Additional activities will include special entertainment, appearances by some of Cincinnati's favorite mascots, and exhibit booths with giveaways and important information for parents and children. On-site registration will be available for \$15/child. The release form must be completed and signed by a parent or guardian. Each child will receive an official Flying Piglet running number official finisher medal and an exclusive Piglet T-shirt.

**Walmart 'Pig Out' Pasta Party.....4:30 p.m., 6 p.m. and 7:30 p.m.**

The Walmart "Pig-Out" Pasta Party will be held May 1, 2010 on Fountain Square. There will be three seatings: 4:30, 6 p.m. and 7:30 p.m. Ticket prices are \$20 for adults, \$15 for children ages 3-12 and children under 3 are free. The Pasta Party is open to all participants, family and friends. Tickets are sold on a first-come, first-serve basis and are limited to 1,000 people. Tickets can be reserved on the race registration form and picked up at the Expo. Any unsold tickets will be available at the Expo. If you have any questions, please call the Marathon office at (513) 721-PIGS.

**Sunday, May 2, 2010**

**Wheelchair Division.....6:25 a.m.**

This category of the Flying Pig Marathon will begin for chair athletes at 6:25 a.m. and will be conducted under Wheelchair Athletics USA rules.

**Prizes will be awarded in the following divisions, each going three deep:**

- Male Open Chair
- Female Open Chair

**City Dash 4-person relay & Paycor Corporate Relay.....6:30 a.m.**

Leg 1 runners start at the same time as the other marathon runners - 6:30 a.m. There is not a separate start for the Relay Teams. Leg 2, 3, and 4 relay runners will be bused to their respective exchange zones. There will be a Relay Reunion area, the Pig Pen, at Sawyer Point with food and beverages.

**Half Marathon .....6:30 a.m.**

The half marathon will start at 6:30 a.m. at the same time as the full marathon field. The two groups will run together for approximately nine miles, when the half marathon field will turn back toward downtown and end at the Marathon finish line along Yeatman's Cove. Walkers are welcome in the half marathon, as in all events.

**Flying Pig Marathon powered by P&G.....6:30 a.m.**

The Cincinnati Flying Pig Marathon starts along the Ohio River and "flies" along the streets of Cincinnati, Covington, and Newport. This race presents a well-balanced, diverse tour of some of the finest neighborhoods in the area. This course is a Boston Qualifier.

**Victory Party.....10 a.m.-3 p.m.**

The Cincinnati Flying Pig Marathon Victory Party will be held near the finish line of the race in Yeatman's Cove. The party will run from 10 a.m. to 3 p.m. with music by "Snidley Whiplash," awards ceremonies, food and fun.

## FLYING PIG EVENT REGISTRATION HISTORY

1999	Registered: 6,163	.....	Finishers: 5,297
2000	Registered: 6,064	.....	Finishers: 5,183
2001	Registered: 7,976*	.....	Finishers: 6,534
2002	Registered: 8,436	.....	Finishers: 7,323
2003	Registered: 9,271**	.....	Finishers: 8,101
2004	Registered: 12,124	.....	Marathon Finishers: 8,978
2005	Registered: 13,282***	.....	Marathon/Half Marathon Finishers: 7,946
2006	Registered: 15,756	.....	Marathon/Half Marathon Finishers: 8,600
2007	Registered: 18,192	.....	Marathon/Half Marathon Finishers: 9,551
2008	Registered: 22,149	.....	Marathon/Half Marathon Finishers: 11,992
2009	Registered: 22,285	.....	Marathon/Half Marathon Finishers: 12,671

\*First year of 5 mile race

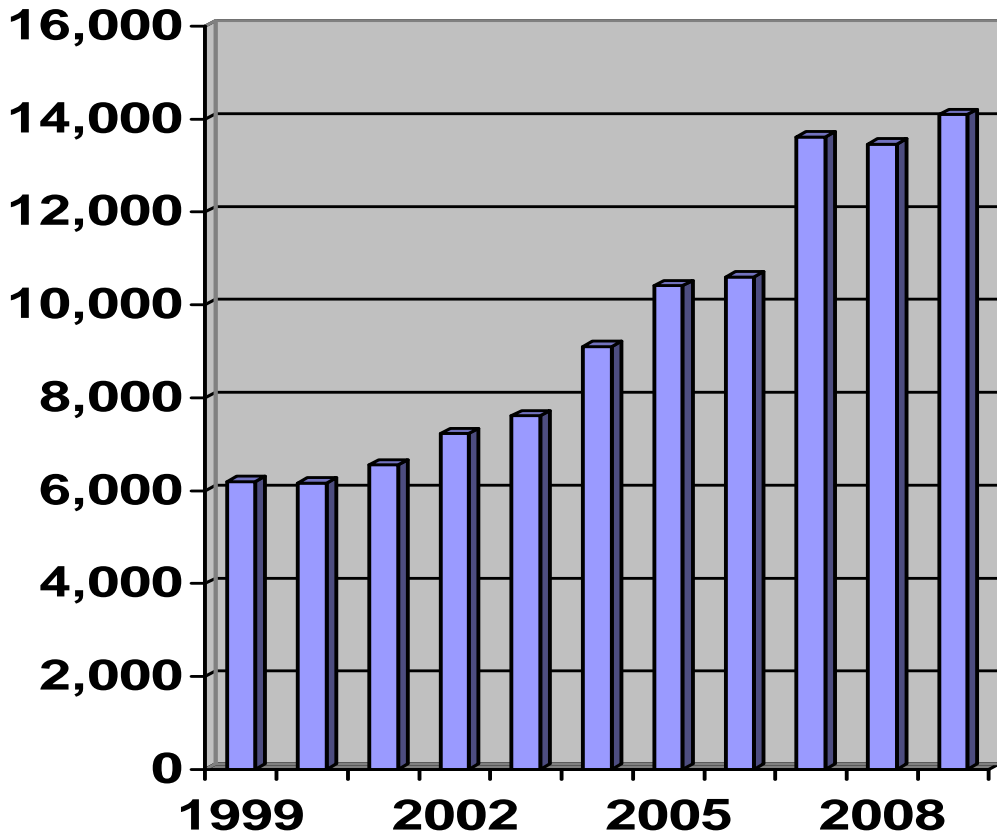
\*\*First year of 10K race (changed from 5 mile)

\*\*\*First Year of Half Marathon

## SPECTATORS

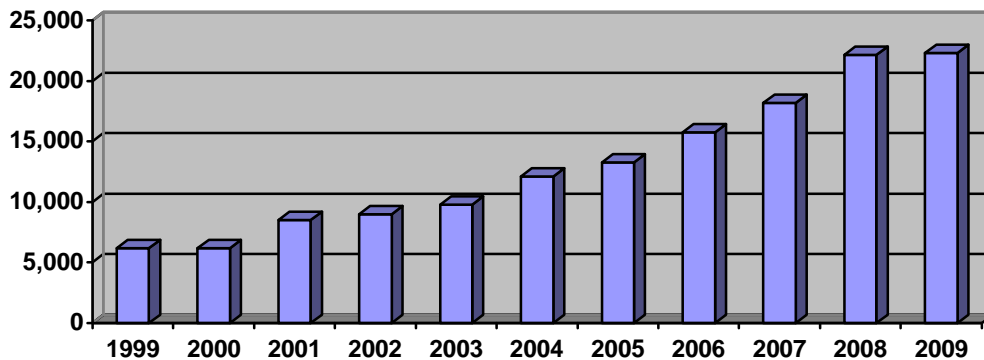
As runner participation has increased, so has spectator interest, with more than **150,000** estimated 'street squealers' cheering on the runners in 2009. In 2007 mild weather and a return to the traditional 6:30 a.m. start brought out steady crowds throughout the 26.2 mile course. The early 6 a.m. start in 2006 didn't keep the crowds down as more than **100,000** cheered the participants. In 2004, crowds estimated at nearly **120,000** braved the rain to watch the runners along the new route that included Mariemont for the first time. In 2003, over **120,000** spectators lined the streets of Cincinnati & Northern Kentucky to watch the Marathon compared to an estimated **100,000** in 1999.

**RACE PARTICIPANTS BY THE NUMBERS**  
Registered Participants (marathon+relay)



1999, 6,200; 2000, 6,167; 2001, 6,553; 2002, 7,226; 2003, 7,609; 2004, 9,106; 2005, 10,409 (includes Half Marathon entries); 2006, 10,600; 2007, 13,611, 2008, 13,460; 2009, 14,094

**Total Weekend Participants**



1999, 6,200; 2000, 6,167; 2001, 8,496; 2002, 8,995; 2003, 9,775; 2004, 12,124; 2005, 13,282; 2006, 15,756; 2007, 18,192; 2008, 22,149; 2009, 22,285

PARTICIPANTS BY STATE/COUNTRY OF ORIGIN

STATE	2009	2008	2007	2006	2005	2004	2003	2002	2001	2000	1999
Alabama	*	*	*	*	*	*	*	*	*	*	*
Alaska	*	*	*	*	*	*	*	*	*	*	*
Arizona	*	*	*	*	*	*	*	*	*	*	*
Arkansas	*	*	*	*	*	*	*	*	*	*	*
California	*	*	*	*	*	*	*	*	*	*	*
Colorado	*	*	*	*	*	*	*	*	*	*	*
Connecticut	*	*	*	*	*	*	*	*	*	*	*
Delaware	*	*	*	*	*	*	*	*	*	*	*
Florida	*	*	*	*	*	*	*	*	*	*	*
Georgia	*	*	*	*	*	*	*	*	*	*	*
Hawaii	*	*	*	*	*	*	*	*	*	*	*
Idaho	*	*	*	*	*	*	*	*	*	*	*
Illinois	*	*	*	*	*	*	*	*	*	*	*
Indiana	*	*	*	*	*	*	*	*	*	*	*
Iowa	*	*	*	*	*	*	*	*	*	*	*
Kansas	*	*	*	*	*	*	*	*	*	*	*
Kentucky	*	*	*	*	*	*	*	*	*	*	*
Louisiana	*	*	*	*	*	*	*	*	*	*	*
Maine	*	*	*	*	*	*	*	*	*	*	*
Maryland	*	*	*	*	*	*	*	*	*	*	*
Massachusetts	*	*	*	*	*	*	*	*	*	*	*
Michigan	*	*	*	*	*	*	*	*	*	*	*
Minnesota	*	*	*	*	*	*	*	*	*	*	*
Mississippi	*	*	*	*	*	*	*	*	*	*	*
Missouri	*	*	*	*	*	*	*	*	*	*	*
Montana	*	*	*	*	*	*	*	*	*	*	*
Nebraska	*	*	*	*	*	*	*	*	*	*	*
Nevada	*	*	*	*	*	*	*	*	*	*	*
New Hampshire	*	*	*	*	*	*	*	*	*	*	*
New Jersey	*	*	*	*	*	*	*	*	*	*	*
New Mexico	*	*	*	*	*	*	*	*	*	*	*
New York	*	*	*	*	*	*	*	*	*	*	*
North Carolina	*	*	*	*	*	*	*	*	*	*	*
North Dakota	*	*	*	*	*	*	*	*	*	*	*
Ohio	*	*	*	*	*	*	*	*	*	*	*
Oklahoma	*	*	*	*	*	*	*	*	*	*	*
Oregon	*	*	*	*	*	*	*	*	*	*	*
Pennsylvania	*	*	*	*	*	*	*	*	*	*	*
Rhode Island	*	*	*	*	*	*	*	*	*	*	*
South Carolina	*	*	*	*	*	*	*	*	*	*	*
South Dakota	*	*	*	*	*	*	*	*	*	*	*
Tennessee	*	*	*	*	*	*	*	*	*	*	*
Texas	*	*	*	*	*	*	*	*	*	*	*
Utah	*	*	*	*	*	*	*	*	*	*	*
Vermont	*	*	*	*	*	*	*	*	*	*	*
Virginia	*	*	*	*	*	*	*	*	*	*	*
West Virginia	*	*	*	*	*	*	*	*	*	*	*
Washington	*	*	*	*	*	*	*	*	*	*	*
WashingtonDC	*	*	*	*	*	*	*	*	*	*	*

Wisconsin	*	*	*	*	*	*	*	*	*	*	*	*
Wyoming	*	*	*	*	*	*	*	*	*			*
Australia							*					
Austria				*						*		*
Bahamas	*	*		*								
Belgium		*		*								
Canada	*	*	*	*	*	*	*	*	*	*	*	*
Chile					*							
Costa Rica		*		*								
Ecuador		*		*		*						*
Finland						*	*					
France		*	*	*				*	*	*		
Germany	*		*	*	*		*	*	*	*		*
Great Britain	*	*	*	*	*	*	*	*	*	*		*
India												*
Ireland									*			
Italy		*						*				*
Jamaica							*	*				
Japan			*		*		*	*	*	*	*	*
Lithuania		*										
Mexico		*	*	*		*	*		*			*
Netherlands	*	*	*	*			*					
Panama		*										
Peru								*				*
Philippines						*						*
Puerto Rico												*
Russia								*				
Singapore								*				
Spain		*										
Sweden									*			
Switzerland		*								*		
Thailand			*	*							*	
Venezuela		*	*						*			
Virgin Islands		*										

**EVENT RECORDS**

**Marathon**

Men ..... Cecil Franke, 2:20:25 (2006)  
Women..... Tatyana Pozdnyakova, 2:34:35 (2002)

**Wheelchair**

Men ..... Saul Mendoza, 1:30:46 (1999)  
Women..... Deanna M. Sodoma, 2:11:57 (1999)

**2009 WINNERS**

**Marathon**

Men ..... Sergio Reyes, 2:20:37  
Women..... Autumn Ray, 2:52:23

**Half Marathon**

Men ..... Christopher Reis, 1:09:09  
Women..... Nicole Laselle, 1:21:52

**Wheelchair**

Men ..... N/A

**MARATHON COURSE**

The Cincinnati Flying Pig Marathon is a scenic riverside course which “flies” along the streets of Cincinnati, Covington, and Newport, and through Fairfax and Mariemont to the east. This race presents a well-balanced, diverse tour of some the finest neighborhoods in the area.

Again this year the Northern Kentucky segment comes early in the race, instead of at the end. That means runners will cross the bridges to and from Northern Kentucky within the first five miles of the Marathon.

The race course finish line will remain open for seven hours, meaning that the course will close sequentially from the start line on a continuous pace of 16:00 minutes per mile. Anyone who cannot maintain the 16:00 min/mile pace must move to the sidewalk as the course closes to allow regular traffic through. Runner services cannot be guaranteed for participants beyond the 16:00 min/mile pace.

Volunteer medical services will be provided along the Marathon course. Athletic trainers from local and area colleges and universities will staff medical tents in strategic areas along the course, near fluid stops, to provide basic treatment and supplies such as bandages, wraps and Vaseline to runners. A more complete medical tent area will be set up in its usual location near the Finish Line for more comprehensive treatment of runners.

**IPICO TIMING SYSTEM**

The Cincinnati Flying Pig Marathon will be using the IPICO Sports Chip Timing System to provide runners with accurate split times throughout the course and finish times. Chip mats will be placed at the Start, relay exchange zones, Old Spice Mile to the Finish and Finish.

## CINCINNATI FLYING PIG MARATHON OVERVIEW

### CINCINNATI WEATHER CONDITONS

Average High for May:	75° F	Average Low for May:	53° F
High on May 3, 2009	69° F	Low on May 3, 2009	55° F
High on May 4, 2008	72° F	Low on May 4, 2008	37° F
High on May 6, 2007	77° F	Low on May 6, 2007	51° F
High on May 7, 2006	68° F	Low on May 7, 2006	48° F
High on May 1, 2005	55° F	Low on May 1, 2005	31° F
High on May 2, 2004	45° F	Low on May 2, 2004	37° F
High on May 4 2003:	55° F	Low on May 4 2003:	43° F
High on May 5 2002: *	64° F	Low on May 5 2002:	43° F

\*First year Marathon was not on Mother's Day

### THE CINCINNATI FLYING PIG CHARITY PROGRAM

Cincinnati Marathon, Inc. is a non-profit 501©(3) organization formed to play host to a national sporting event which raises money for charities. More than 125 charities and non-profits take advantage of the Marathon and its related events to raise money for their causes. In fact, in two out of the last three years, charities and non-profits that use the Marathon as a major fund raiser have raised more than \$1 million for their respective organizations.

The Leukemia and Lymphoma Society's Team in Training Program is the signature charity of the Flying Pig Marathon. In addition, charities and non profits who offer volunteer services during Marathon weekend receive a charitable donation from the Marathon for their time.

### STREET SQUEALERS

The Pig's spectator support is among the strongest among the Marathons. In fact, our spectators are called "Street Squealers." From the neighbors in Hyde Park who cook breakfast along the Marathon route, to the retirement home residents who put on pig noses and cheer the runners, our estimated 150,000 "Squealers" are a vital part of the support, and the atmosphere, of the Marathon.

### BROADCAST PARTNERS

Since 2003 and again this year, the Cincinnati Flying Pig Marathon is joining WLWT-TV 5, the NBC affiliate in Cincinnati, for race day television coverage. Live coverage Sunday morning follows the Marathon from the start, to the winners' podium. The Clear Channel family of stations in Cincinnati is the radio partner.

### ECONOMIC IMPACT

An economic impact study produced in 2008 by Xavier University showed that runners generate a nearly \$10 million economic impact in Greater Cincinnati. That includes spending by out of town participants, local participants and their guests and families who come to town to cheer them on. The number includes more than \$1.3 million spent for lodging and \$1.2 million spent at restaurants, bars, entertainment venues and at the marathon Expo. Participants and their families also spent more than a quarter million dollars over the weekend at department stores and other retail outlets.

In addition, the number of jobs created or sustained by the "Pig" is as many as 280 in the area.

## **THE ROUTE**

The Cincinnati Flying Pig Marathon course is generally unchanged from 2009. The Flying Pig Marathon starting line remains on Mehring Way, on the south side of Paul Brown Stadium, about half way between Elm and Central. Because of the increased number of participants, the wider areas of the streets ease crowding in the first few yards of the event. There will be five corrals along the starting line. The first four will be fenced, with the elite runners closest to the starting line. The last one will be open. Each corral will be organized by runners' expected finish times. There will be large lit signs with finish times posted by each corral and they will be "self-policed."

### **Bridge Crossing**

This year runners will cross the Taylor-Southgate Bridge into Newport, Kentucky, first. The route will follow Fifth Street to the Licking River Bridge, then will follow Fourth Street west to the Clay Wade Bailey bridge for the return to downtown Cincinnati.

### **Downtown Tour**

After the Clay Wade Bailey crossing, the route then will go west on Third Street, and will travel north along the west side of downtown Cincinnati, again following Seventh Street in downtown Cincinnati to Gilbert Avenue, and the familiar route to Eden Park.

### **Big Finish**

This year the finish line, or "Swine Line," again will be on the north side of US Bank Arena, along Pete Rose Way. Runners and walkers will still be able to enjoy their victory party area along the shaded, grassy area of Yeatman's Cove, but will walk through the tunnel that connects Pete Rose Way and the riverfront to get there, again as a health and safety issue to allow runners a 'cool down' period. All the usual amenities, such as snacks, towels and the highly-coveted Flying Pig Marathon medals, still will be available at the "Swine Line!"

## 2010 MARATHON BY THE NUMBERS

### People

Marathon weekend participants: .....	22,000+
Estimated 5K entrants: .....	2,000
Marathon/half marathon participants since 1999.....	113,067
Anticipated Expo Attendees: .....	62,000+
Volunteers: .....	4,000+
Water station volunteers: .....	1,240
Course monitor volunteers: .....	325
Finish line volunteers: .....	100
Medical Personnel: .....	100
Security Personnel: .....	200
Course Marshals: .....	400
Media Credentials: .....	50
Potential TV Viewers: .....	828,650 TV households
Estimated Spectators along the course: .....	150,000
Attendance at Victory Party .....	30,000
States represented.....	50 (marathon and half marathon)
Countries represented.....	18

### Medical Supplies

Ice.....	4,000 lbs.
Rubber Gloves: .....	3,800
Cots: .....	29
Mylar Blankets:.....	25,000
Cot Blankets: .....	100
Bandages: .....	2,000
Athletic trainers on course: .....	10-12
Vaseline: .....	30 cases
Paramedics: .....	24
Ambulances: .....	6
Alcohol preps: .....	3,000
Athletic Training triage tents: .....	8

### Food

Pieces of Dole fruit: .....	10,000
Water/Gatorade Paper Cups: .....	500,000
Gatorade & water: .....	16,000 gal.
Cups at finish line .....	17,500
Hot Dogs .....	3,000
Bags of Frito Lay Chips .....	15,000

## Equipment

Tables: .....	465 8' banquet size
Chairs: .....	370 folding chairs
Metal Barricades: .....	387 8' sections
Carpeting: .....	one 14'x14'
Safety Pins: .....	37,000
Fork Lifts: .....	2
Race Day Visitors on <a href="http://www.flyingpigmarathon.com">www.flyingpigmarathon.com</a> : .....	25,672
Race Day Hits on <a href="http://www.flyingpigmarathon.com">www.flyingpigmarathon.com</a> : .....	1,246,066
Time Clocks: .....	one per mile+2 at finish+3 on pace cars+3 at start=39
Trucks: .....	10-12 from City Dash
Golf Carts: .....	11
Rakes: .....	85
Dumpsters: .....	2 large semi-truck size, 6 medium size
Recycling Boxes: .....	50
Trash Bags: .....	800
Marathon registration forms printed: .....	75,000
Marathon registration forms mailed to runners: .....	69,000
10K registration forms printed: .....	7,000
Piglet registration forms printed: .....	5,000
5K registration forms printed: .....	5,000
Goodie Bags: .....	22,000
Items in Goodie Bags: .....	5-10 (depending on race)
Finisher's Medals: .....	22,000 (including Piglet participation medals)
Cameras: .....	40+ (still plus video)
Production Trucks: .....	5
TV Cameras: .....	5
TV Satellite Trucks: .....	1
Phone Lines: .....	4
Portable Toilets: .....	80
Volunteer T-shirts: .....	4,000
Marathoners' Shirts: .....	15,000
Fun Run T-Shirts: .....	3,000
Tents: .....	39 10x10 booths, 8 10x20, 6 20x20

## Course Entertainment

Bands and entertainment zones .....	75
Scream Teams.....	9
DJs: .....	6
High School Bands/Cheerleaders: .....	6
Entertainment spots along course: .....	52
Signs/Banners .....	250+
Storage trailers.....	3

## 2009 WEEKEND WRAPUP

### RECORD WEEKEND FOR FLYING PIG MARATHON POWERED BY P&G Reyes, Ray Take Marathon Titles

CINCINNATI (May 3, 2009) –A record Sunday field of more than 16,000 saw Flying Pig newcomers Sergio Reyes and Autumn Ray take the men's and women's marathon titles on a fast track in the 11<sup>th</sup> annual running of the Flying Pig Marathon Powered by P&G.

Reyes, 27, of Palmdale, California, won the race in a near record time of 2:20:37, just 12 seconds off the event record of 2:20:25 set in 2006 by Cecil Franke.

"This is one of the most scenic races I've ever done," said Reyes, who runs for the Asics-sponsored Aggies running club. "The views were truly awesome and the weather was just about perfect."

Second in the men's division was Tim Parr, 27, of Gunnison, Colorado, in a time of 2:28:32 and third was 29-year-old Adam Thomas of West Chester, Ohio, in 2:31:25.

"The course was fantastic," said Parr, who came in sixth in last year's Flying Pig Marathon. Parr ran most of the course with college teammate Travis Murray, who finished fifth and with whom Parr trained at Western State College of Colorado. "Travis and I stayed together until mile 17, and after that I wanted to pick up the pace."

Thomas was trailing the lead pack until he passed eventual fourth place finisher Grant Scott with about two miles to go, to claim third place. "Weather was perfect," said Thomas. "No wind, the rain stopped and it was nice and cool."

It was Thomas's third overall marathon and first "Pig," after leaving home to attend college at the University of Iowa. "I moved back home this year and I wanted to run here to thank everyone who has supported me in my running career since junior high—my parents, sister, girlfriend, this was my chance to give back."

On the women's side, Autumn Ray, 29, from Galveston, Texas, claimed first place in her first "Pig" in 2:52:23. "I felt good going into this event, I felt very comfortable," she said. "It was one of those runs where the energy was flowing."

It was the fourth career marathon win for Ray, who squeezed the "Pig" in, during a rare weekend break from medical school at the University of Texas-Galveston. "I finished pediatrics on Friday and I start surgery on Monday. I had a weekend off, so I looked for a marathon that would be held this weekend, and I found the Flying Pig. It looked like fun, so I signed up."

Second in the women's division was a familiar face in Cincinnati-area running, Tanya Thatcher, 38, of Mason, Ohio, in a time of 2:59:31. She won the PNC Half Marathon in 2006 and finished the Columbus marathon last year in a time of 2:56:33.

"This was a run that was mind over matter," said Thatcher. "I'm coming off Achilles tendonitis in February, and I have bursitis in my right hip, then last year I tore an Achilles tendon. My finish in Columbus gave me the confidence to come back to the "Pig" because this is home."

Third in the women's division was 33-year-old Mindy Leisure of Kettering, Ohio, coming in at 2:59:42 in her first ever marathon. "It was a challenging course, but I really liked it," she said. "The crowd was great." Mindy ran the PNC Half Marathon here last year and is a two-time winner of the Air Force Half Marathon.

In the PNC Half Marathon, veteran Cincinnati runner Chris Reis and Dayton native Nicole LaSelle claimed the titles in the men's and women's divisions respectively.

The 27-year-old Reis, the winner of the 2009 Heart Mini Marathon, placed second in the full Marathon in 2006. He finished in a time of 1:09:09. Second among men is former Marathon and PNC Half Marathon winner, T.J. Lentz, 42, with a time of 1:11:17. Third is 23-year-old Keegan Rathkamp in a time of 1:12:07.

"I train on these roads all the time," said Reis, who works for Bob Roncker's Running Spot in Cincinnati. "During Marathon week we're so busy at the store and at the Expo, it's hard to prepare properly, but it went well. I liked the downhill at the end."

For Nicole LaSelle, 31, of Kent, Ohio, it was her second time in the PNC Half Marathon, having run the event three years ago. "It was amazing out there," said LaSelle, who is finishing up her PhD in counseling. "The spectators are unbelievable." LaSelle won in a time of 1:21:52.

Second in the women's division was the only two-time female winner of the Flying Pig Marathon, Rebecca Gallaher, who returned to the Pig for the first time since her back-to-back wins in 2000 and 2001. "I have four kids now, so that limits my training time," said Gallaher, who finished in 1:22:45. "But there was great support on the course."

Third in the women's division was 22-year-old Leslie Kraus with a time of 1:25:22.

A record Sunday field of 16,762 started at 6:30 a.m. under cloudy skies and a slight drizzle, and a temperature of 54 degrees. Sunday's field included a full marathon total of 4,891 participants, 9,203 for the PNC Half and 2,668 in the City Dash 4-person relay and Corporate Challenge relay sponsored by the Business Courier and McGowan Brabender.

Sunday's Flying Pig Marathon powered by P&G caps a weekend that saw a record 22,285 register for events, including 1,572 for the Toyota 10K, 1,926, an event record, for the Fleet Feet Sports 5K, 489 for the Piglet Fun Run and 1,536 for the Kids Marathon presented by Ernst & Young.

Saturday winners included, in the Toyota 10K, 23-year-old Nazar Trilisky of Cincinnati in the men's division in a time of 33:30 and 25-year-old Karen Berling of Cincinnati in 39:11. In the Fleet Feet Sports 5K, 35-year-old Jeff Hojnacki of Chicago won the men's division in 16:22 and Kerry Bogner, 26, of Cincinnati, won the women's division in 18:58.

###

## 2009 RESULTS

### 2009 Marathon Top 10 Overall (Men)

PLACE	NAME	AGE	HOME	TIME
1.	Sergio Reyes	27	Palmdale, CA	2:20:37
2.	Timmy Parr	27	Gunnison, CO	2:28:32
3.	Adam Thomas	29	West Chester, OH	2:31:25
4.	Grant Scott	25	Cincinnati, OH	2:31:30
5.	Travis Murray	27	Mason, OH	2:31:34
6.	Brian List	25	Milford, OH	2:35:17
7.	Evan Dehart	23	Cincinnati, OH	2:35:43
8.	David Bea	29	Cincinnati, OH	2:42:02
9.	Brian Alessandro	29	Covington, KY	2:44:12
10.	Steven Waites	22	Columbus, OH	2:45:11

### 2009 Marathon Top 10 Overall (Women)

PLACE	NAME	AGE	HOME	TIME
1.	Autumn Ray	29	Galveston, TX	2:52:23
2.	Tanya Thatcher	38	Mason, OH	2:59:31
3.	Mindy Leisure	33	Kettering, OH	2:59:42
4.	Wendy Licht	35	Waterville, OH	3:05:46
5.	Gay Hammon	44	Cincinnati, OH	3:07:07
6.	Nicole Luse	29	Dayton, OH	3:09:05
7.	P.J. Ball	30	Cincinnati, OH	3:09:46
8.	Ellen Erhardt	37	Springfield, IL	3:10:41
9.	Ashley Ruberg	24	North Bend, OH	3:11:52
10.	Katherine Lewnard	21	Cincinnati, OH	3:12:00

### 2009 Half Marathon Top 5 Overall (Men)

PLACE	NAME	AGE	HOME	TIME
1.	Chris Reis	27	Cincinnati, OH	1:09:09
2.	T.J. Lentz	42	Cincinnati, OH	1:11:17
3.	Keegan Rathkamp	23	Chillicothe, OH	1:12:07
4.	Mike Greiwe	30	Madisonville, OH	1:13:05
5.	Court Lilly	31	Cincinnati, OH	1:13:44

### 2009 Half Marathon Top 5 Overall (Women)

PLACE	NAME	AGE	HOME	TIME
1.	Nicole Laselle	31	Kent, OH	1:21:52
2.	Rebecca Gallaher	34	Cincinnati, OH	1:22:45
3.	Leslie Kraus	22	Cleves, OH	1:25:22
4.	Jennifer Hannen	22	Cincinnati, OH	1:26:59
5.	Erin Matson	28	Cincinnati, OH	1:27:00

**2009 Relay Division Winners**

<b>DIVISION</b>	<b>NAME</b>	<b>CAPTAIN</b>	<b>TIME</b>
Men's	White Lightning	Zak Lewis	2:35:21
Women's	SNL's	Laura Mataria	3:18:04
Co-Ed	Team Samson	Brad Mills	2:45:38
Corporate Men's	Toyota 4-runners	Kenji Heilman	2:57:16
Corporate Women's	Wild Women on Wine	Katherine Huff	4:19:49
Corporate Co-Ed	Thinkpay Payroll Processing	Ted Bross	3:04:15

**2009 Marathon Walker Division Top 5 Overall (Men)**

	<b>NAME</b>	<b>AGE</b>	<b>HOME</b>	<b>TIME</b>
1.	Douglas Wilke	48	Fort Thomas, KY	4:16:34
2.	Alex Rusche	24	Cincinnati, OH	4:26:36
3.	Brian Kunes	21	Cincinnati, OH	4:27:33
4.	Oscar Rosen	48	Cincinnati, OH	4:28:27
5.	David Dellifield	37	Ada, OH	4:37:26

**2009 Marathon Walker Division Top 5 Overall (Women)**

	<b>NAME</b>	<b>AGE</b>	<b>HOME</b>	<b>TIME</b>
1.	Diane Koellen	43	Roseville, CA	5:03:31
2.	Sue Diemer	48	Cincinnati, OH	5:11:15
3.	Melissa Oakley	43	Cincinnati, OH	5:14:15
4.	Joan Siegel	62	Cincinnati, OH	5:14:51
5.	Beth Katcher	55	Newton, MA	5:25:06

**2009 Toyota 10K Top 5 (Men)**

<b>PLACE</b>	<b>NAME</b>	<b>AGE</b>	<b>HOME</b>	<b>TIME</b>
1.	Nazar Trilisky	23	Cincinnati, OH	33:28
2.	Donnie Warner	18	Cincinnati, OH	33:54
3.	Matthieu Gancedo	24	Cincinnati, OH	36:50
4.	Chris Cavanaugh	38	Cincinnati, OH	37:31
5.	Chris Ferrone	30	Cincinnati, OH	37:40

**2009 Toyota 10K Top 5 (Women)**

<b>PLACE</b>	<b>NAME</b>	<b>AGE</b>	<b>HOME</b>	<b>TIME</b>
1.	Karen Berling	25	Cincinnati, OH	39:08
2.	Amy Schoenfeld	22	Cincinnati, OH	42:33
3.	Chrissy Costa	30	Cincinnati, OH	42:48
4.	Janalee Stock	54	Athens, OH	45:23
5.	Shea Rankin	35	Indianapolis, IN	45:49

**2009 Fleet Feet Sports 5K Top 5 Overall (Men)**

PLACE	NAME	AGE	HOME	TIME
1.	Jeff Hojnack	35	Cincinnati, OH	16:22
2.	Antony Parnigoni	15	Cincinnati, OH	17:38
3.	Michael Ekberg	43	Liberty Township, OH	17:47
4.	Ronald Davis	51	West Chester, OH	18:31
5.	Thomas Allman	39	Cincinnati, OH	18:31

**2009 Fleet Feet Sports 5K Top 5 Overall (Women)**

PLACE	NAME	AGE	HOME	TIME
1.	Kerry Bogner	26	Cincinnati, OH	18:54
2.	Brigid Carey	19	Cincinnati, OH	18:58
3.	Shayla Siefker	16	Cincinnati, OH	19:10
4.	Kelly Edmondson	34	Cincinnati, OH	19:45
5.	Meghan Ward	26	Fairfield, OH	20:10

**THE 2009 CINCINNATI FLYING PIG MARATHON SPLIT TIMES  
2009 Men**

**Sergio Reyes Timmy Parr**

Mile	Time	Time	Sec. Difference
6.8	38:37	40:06	+1:29
12.0	1:06:12	1:09:07	+2:55
13.1	1:11:42	1:14:59	+3:17
19.7	1:44:50	1:51:02	+6:12
25.2	2:14:52	2:22:44	+7:52
CHIP FINAL	2:20:37	2:28:32	+7:55
PACE	5:22	5:41	
FINAL	2:20:37	2:28:32	
AGE RANK	1	2	
OVERALL RANK	1 out of 4071	2 out of 4071	

**2009 Women**

**Autumn Ray Tanya Thatcher**

Mile	Time	Time	Sec. Difference
6.8	46:22	46:54	-:32
12.0	1:20:43	1:21:49	-1:06
13.1	1:27:38	1:28:59	-1:21
19.7	2:10:29	2:13:17	-2:48
25.2	2:46:08	2:52:23	-6:15
CHIP FINAL	2:52:23	2:59:31	-7:08
PACE	6:35	6:52	
FINAL	2:52:23	2:59:31	
AGE RANK	1	1	
OVERALL RANK	22 out of 4071	40 out of 4071	

## 2008 RESULTS

### 2008 Marathon Top 10 Overall (Men)

PLACE	NAME	AGE	HOME	TIME
1.	Andy Martin	33	Bend, OR	2:30:40
2.	Brian List	24	Milford, OH	2:33:33
3.	Travis Murray	26	Mason, OH	2:34:34
4.	James Beyer	40	Dayton, OH	2:36:39
5.	Timmy Parr	26	Gunnison, CO	2:38:45
6.	Nate Ritz	25	Delaware, OH	2:39:58
7.	Patrick Harvey	25	Cincinnati, OH	2:40:45
8.	Mike Hansen	27	Dublin, OH	2:41:23
9.	Phil Hebda	20	Crown Point, IN	2:41:43
10.	Jason Burnes	27	Goose Creek, SC	2:43:46

### 2008 Marathon Top 10 Overall (Women)

PLACE	NAME	AGE	HOME	TIME
1.	Michelle Didion	39	LaPorte, IN	3:05:18
2.	Julie Spencer	31	Baraboo, WI	3:06:32
3.	Jennifer Gapin	26	Greensboro, NC	3:07:43
4.	Tara Keller	33	Hilliard, OH	3:08:14
5.	Karen Braun	36	Cincinnati, OH	3:10:04
6.	Rebecca Jordan	29	Brewton, AL	3:11:35
7.	Carrie Koerner	27	Madison Heights, MI	3:11:53
8.	Teresa Stamplis	23	Athens, OH	3:14:57
9.	Gay Hammon	43	Cincinnati, OH	3:15:36
10.	Mary Kaye Pazder	43	Erie, PA	3:17:20

### 2008 Half Marathon Top 5 Overall (Men)

PLACE	NAME	AGE	HOME	TIME
1.	Todd Ptacek	23	Erie, PA	1:09:22
2.	William Rathkamp	22	Chillicothe, OH	1:13:22
3.	Evan Dehart	22	Cincinnati, OH	1:14:30
4.	Mike Greiwe	29	Cincinnati, OH	1:14:54
5.	Jeffrey Hicks	23	Wilder, KY	1:14:56

### 2008 Half Marathon Top 5 Overall (Women)

PLACE	NAME	AGE	HOME	TIME
1.	Rachel Stoehr	26	Cincinnati, OH	1:20:48
2.	Karen Berling	24	Cincinnati, OH	1:22:59
3.	Katherine Lewnard	20	Cincinnati, OH	1:26:14
4.	Kerry Lee	33	Cincinnati, OH	1:28:54

5.	Elizabeth Wells	30	Springboro, OH	1:29:11
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### 2008 Relay Division Winners

DIVISION	NAME	PARTICIPANTS	TIME
Men's	Meters & Miles 1	Alessandro, Banks, Niemer, Toothman	2:26:29
Women's	LOL	Tanner, Phelan, Malone, Berry	3:19:24
Co-Ed	Team Samson	J.Mills, B.Mills, L.Mills, C.Mills	2:42:15
Corporate Men's	Costco #2	Reverman, Gish, Ouadi, Nicholson	3:31:30
Corporate Women's	Oinktastic	Meyer, Schuler, Meyer, Kirkland	4:20:16
Corporate Co-Ed	Thinkpay Payroll Processing	T.Bross, D.Bross, Welch, Gunn	3:19:45

### 2008 Walker Division Top 5 Overall (Men)

	NAME	AGE	HOME	TIME
1.	Douglas Wilke	47	Fort Thomas, KY	4:34:36
2.	Oscar Rosen	47	Cincinnati, OH	4:48:23
3.	Alexis Davidson	52	Brooklyn, NY	4:52:10
4.	James McGruder	60	Florence, KY	4:53:05
5.	Steve Black	59	Dillsboro, IN	4:55:51

### 2008 Walker Division Top 5 Overall (Women)

	NAME	AGE	HOME	TIME
1.	Catherine Grzymajlo	32	Cincinnati, OH	5:05:27
2.	Janet McManus	49	Cincinnati, OH	5:08:00
3.	Joan Siegel	61	Cincinnati, OH	5:09:27
4.	Joyce Prohaska	57	Lakewood, OH	5:12:18
5.	Selina McDine	44	Union, KY	5:18:51

### 2008 Toyota 10K Top 5

PLACE	NAME	AGE	HOME	TIME
1.	Michael Demring	37	Pleasant Ridge, OH	34:11
2.	Brett Rubin	36	Cincinnati, OH	37:33
3.	Pete Beckman	51	Cincinnati, OH	38:08
4.	Brock Hanthorn	42	Cincinnati, OH	38:38
5.	Larisa Mikhaylovd*	39	Cincinnati, OH	38:50

\* Top Female

**2008 Fleet Feet Sports 5K Top 5 Overall (Men)**

PLACE	NAME	AGE	HOME	TIME
1.	Nate Jenkins	27	Lowell, MA	14:52
2.	Matthew Folk	32	Canfield, OH	15:24
3.	Sean Kelley	19	Oxford, OH	17:08
4.	Michael Apke	19	Cincinnati, OH	17:31
5.	Jeffrey Coudron	37	Dayton, OH	17:39

**2008 Fleet Feet Sports 5K Top 5 Overall (Women)**

PLACE	NAME	AGE	HOME	TIME
1.	Leslie Kraus	21	Cleves, OH	18:03
2.	Jill Tranter	37	Walton, KY	18:38
3.	Sabra Harvey	59	Houston, TX	19:57
4.	Shayla Siefker	15	Ottoville, OH	20:05
5.	Kathaleen Recker	38	Grand Junction, CO	20:57

**THE 2008 CINCINNATI FLYING PIG MARATHON SPLIT TIMES  
2008 Men**

**Andy Martin    Brian List**

Mile	Time	Time	Sec. Difference
<b>6.8</b>	38:53	39:10	+:07
<b>12.0</b>	1:08:19	1:08:19	EVEN
<b>13.1</b>	1:13:52	1:13:51	-.01
<b>19.7</b>	1:50:23	1:50:51	+:28
<b>25.2</b>	2:24:55	2:27:07	+2:12
<b>CHIP FINAL</b>	2:30:40	2:33:33	+2:53
<b>PACE</b>	5:42	5:49	
<b>FINAL</b>	2:30:40	2:33:33	
<b>AGE RANK</b>	1	1	
<b>OVERALL RANK</b>	1 out of 2724	2 out of 2724	

**2008 Women**

**Michelle Didion    Julie Spencer**

Mile	Time	Time	Sec. Difference
<b>6.8</b>	48:33	49:30	-.57
<b>12.0</b>	1:24:41	1:26:19	-1:38
<b>13.1</b>	1:31:35	1:33:10	-1:35
<b>19.7</b>	2:16:44	2:17:39	-.55
<b>25.2</b>	2:58:23	2:59:45	-1:22
<b>CHIP FINAL</b>	3:05:18	3:06:32	-1:14
<b>PACE</b>	7:00	7:03	
<b>FINAL</b>	3:05:18	3:06:32	
<b>AGE RANK</b>	1	1	
<b>OVERALL RANK</b>	69 out of 2724	76 out of 2724	

## 2007 RESULTS

### 2007 Marathon Top 10 Overall (Men)

PLACE	NAME	AGE	HOME	TIME
1.	Isaac Barnes	31	Williamsport, OH	2:33:36
2.	Kevin Alessandro	27	Louisville, KY	2:34:53
3.	James Beyer	39	Dayton, OH	2:35:22
4.	Aaron Schwartzbard	29	Reston, VA	2:38:37
5.	Andrew Westendorf	22	Cedar Falls, IA	2:43:05
6.	Kevin Storer	29	Pittsburgh, PA	2:44:34
7.	James Badgerow	29	Omer, MI	2:45:32
8.	Andrei Volik	33	Huntington, WVA	2:46:51
9.	Andy Jones	45	Cincinnati, OH	2:47:50
10.	Phil Hebda	19	Crown Point, IN	2:47:59

### 2007 Marathon Top 10 Overall (Women)

PLACE	NAME	AGE	HOME	TIME
1.	Leah Peelman	23	Cincinnati, OH	2:55:56
2.	Tanya Thatcher	36	Mason, OH	3:03:42
3.	Leslie Kramer	29	Slippery Rock, PA	3:05:13
4.	Kelly Edmondson	32	Cincinnati, OH	3:08:31
5.	Karen Fuchs	38	Louisville, CO	3:11:38
6.	Jackie Sienkiewicz	26	Woodbridge, NJ	3:12:37
7.	Lynn Mooney	45	Marietta, GA	3:12:49
8.	Julie Wankowski	36	Pleasant Prairie, WI	3:13:35
9.	Sara Dumford	36	Cincinnati, OH	3:14:49
10.	Dawn Hartman	35	Lebanon, OH	3:15:59

### 2007 Half Marathon Top 5 Overall (Men)

PLACE	NAME	AGE	HOME	TIME
1.	T.J. Lentz	40	Cincinnati, OH	1:10:02
2.	Mike Griewe	28	Cincinnati, OH	1:10:36
3.	Tilahun Abebe	27	Western Hills, OH	1:13:40
4.	David Bea	27	Cincinnati, OH	1:15:43
5.	Eric Van Laningham	32	Burlington, KY	1:16:44

**2007 Half Marathon Top 5 Overall (Women)**

PLACE	NAME	AGE	HOME	TIME
1.	Larisa Mikhailova	38	Moscow, Russia	1:23:14
2.	Rachel Stoehr	25	Erlanger, KY	1:24:36
3.	Katherine Lewnard	19	Cincinnati, OH	1:26:44
4.	Roberta Meyer	43	Shepherdsville, KY	1:29:18
5.	Colleen Devanney	24	Cincinnati, OH	1:29:54

**2007 Marathon Top Wheelchair**

	NAME	AGE	HOME	TIME
1.	Mike Savicki	39	Cornelius, NC	3:14:55

**2007 Relay Division Winners**

DIVISION	NAME	PARTICIPANTS	TIME
Men's	Meters & Miles	Alessandro, Lilly, Hauke, Sexton	2:26:46
Women's	LOL from the 45140	Tanner, Phelan, Malone, Berry	3:18:41
Co-Ed	Mo Jo Racers	Koch, Weidner, Schroer, Smith	2:52:50
Corporate Men's	UC Ortho Faculty	Le, Wyrick, Archdeacon, Stern	3:24:05
Corporate Women's	Ernst & Young #6	Craig, Karst, Ribich, House	4:15:12
Corporate Co-Ed	Ernst Before Swine	Roadarmel, Henline, Young, Harrison	3:18:52

**2007 Marathon Walker Division Top 5 (Men)**

	NAME	AGE	HOME	TIME
1.	Oscar Rosen	46	Cincinnati, OH	4:32:15
2.	Douglas Wilke	46	Fort Thomas, KY	4:50:06
3.	James McGruder	59	Florence, KY	5:04:34
4.	John Richeson	52	Indianapolis, IN	5:16:45
5.	Richard Weber	59	West Chester, OH	5:30:00

**2007 Marathon Walker Division Top 5 (Women)**

	NAME	AGE	HOME	TIME
1.	Joan Siegel	60	Cincinnati, OH	5:08:56
2.	Jessica Brandt	27	Huntersville, WVA	5:12:26
3.	Catherine Smith	31	Cincinnati, OH	5:15:13
4.	Janet McManus	48	Cincinnati, OH	5:20:55
5.	Ellen Colyer	48	Cincinnati, OH	5:20:13

**2007 Toyota 10K Top 10**

PLACE	NAME	AGE	HOME	TIME
1.	Brian List	23	Milford, OH	33:06
2.	Tadele Habtemariam	26	Cincinnati, OH	34:32
3.	Omar Nash	33	Cincinnati, OH	35:01
4.	Eric Makovsky	34	Hanover, MD	35:37
5.	Doug Ranly	16	St. Henry, OH	36:46
6.	Chris Cavanaugh	36	Cincinnati, OH	36:47
7.	Ronald Davis	48	West Chester, OH	36:51
8.	Karen Berling	23	Cincinnati, OH	38:02
9.	James Terbrack	33	Little Rock, AR	38:23
10.	Chad Silker	27	Ballwin, MO	38:52

TOP FEMALE	NAME	AGE	HOME	TIME
1.	Karen Berling	23	Cincinnati, OH	38:02

**THE 2007 CINCINNATI FLYING PIG MARATHON SPLIT TIMES**

**2007 Men**

**I. BARNES      K. ALESSANDRO**

Mile	Time	Time	Sec. Difference
6.8	39:36	39:33	+:03
12.0	1:09:59	1:09:39	+:20
13.1	1:16:16	1:16:04	+12
19.3	1:52:29	1:53:08	-:37
CHIP FINAL	2:33:36	2:34:53	-1:17
PACE	5:52	5:55	
FINAL CLOCK	2:33:36	2:34:53	
CLASS RANK	1 out of 2387	2 out of 2387	
OVERALL RANK	1 out of 3974	2 out of 3974	

**2007 Women**

**L. PEELMAN      T. THATCHER**

Mile	Time	Time	Sec. Difference
6.8	45:58	45:38	+:20
12.0	1:21:27	1:21:11	+:16
13.1	1:28:59	1:28:28	+:31
19.3	2:09:53	2:09:40	+:13
CHIP FINAL	2:55:56	3:03:40	-7:34
PACE	6:43	7:01	
FINAL CLOCK	2:55:56	3:03:40	
CLASS RANK	1 out of 1592	2 out of 1592	
OVERALL RANK	30 out of 3974	39 out of 3974	

## 2006 RESULTS

### 2006 Marathon Top 10 Overall (Men)

PLACE	NAME	AGE	HOME	TIME
1.	Cecil Franke	38	Dublin, IN	2:20:25
2.	Christopher Reis	25	Cincinnati, OH	2:23:23
3.	Brian List	22	Milford, OH	2:33:55
4.	Cory Scheadler	23	Sardinia, OH	2:34:26
5.	Nate Ritz	23	Westerville, OH	2:35:04
6.	Isaac Barnes	30	Williamsport, OH	2:38:41
7.	Patrick Harvey	23	Cincinnati, OH	2:39:52
8.	Michael Dehring	35	Cincinnati, OH	2:40:39
9.	Will Boylan-Pett	23	New York, NY	2:41:05
10.	Matthew Van Cleave	30	Cincinnati, OH	2:42:52

### 2006 Marathon Top 10 Overall (Women)

PLACE	NAME	AGE	HOME	TIME
1.	Norah Shire	36	Cincinnati, OH	2:56:19
2.	Lindsey Yourman	22	New York, NY	2:59:32
3.	Betsy Armentrout	33	Winston-Salem, NC	3:01:40
4.	Tara Keller	31	Hilliard, OH	3:02:11
5.	Tina Bailey	32	Pittsburgh, PA	3:02:33
6.	Anita Moller	34	Whitesboro, NY	3:04:20
7.	Leslie Kramer	28	Slippery Rock, PA	3:07:45
8.	Lisa Veneziano	41	West Chester, OH	3:10:33
9.	Monica Ranly	21	Fort Recovery, OH	3:12:10
10.	Barbara Holcolm	43	Cullman, AL	3:12:23

### 2006 Half Marathon Top 5 Overall (Men)

PLACE	NAME	AGE	HOME	TIME
1.	Tilahun Abebe	26	Independence, KY	1:14:07
2.	Omar Nash	32	Cincinnati, OH	1:15:35
3.	Shaun Pawsat	36	Fort Thomas, KY	1:15:59
4.	Jason Newport	35	Eaton, OH	1:16:49
5.	Daniel Plyter	32	Evanston, IL	1:17:23

**2006 Half Marathon Top 5 Overall (Women)**

PLACE	NAME	AGE	HOME	TIME
1.	Tanya Thatcher	35	Mason, OH	1:23:18
2.	Nicole Laselle	28	Dayton, OH	1:24:35
3.	PJ Ball	27	Cincinnati, OH	1:26:10
4.	Jeannie Ritchie	30	Uniontown, OH	1:28:00
5.	Tina Juillerat	37	Charlotte, NC	1:28:06

**2006 Marathon Top Wheelchair**

	NAME	AGE	HOME	TIME
1.	Mark Graham	42	Waterford, PA	2:34:18
2	Larry Porter	37	St. Louis, MO	4:29:17

**2006 Marathon Relay Winners**

	NAME	TIME
Corporate relay, Men	High Endurance	2:34:16
Corporate relay, women	Kendle International I	5:00:13
Corporate relay, coed	Olay	3:02:04
Open 4-Person relay, men	Wings	2:30:04
Open 4-Person relay, women	Quick Chick	3:25:02
Open 4-Person relay, coed	Samson	2:43:25

**2006 Toyota 10K Top 10 (Men)**

PLACE	NAME	AGE	HOME	TIME
1.	TJ Lentz	39	Cincinnati, OH	32:16
2.	Mark Misch	33	Xenia, OH	33:21
3.	Jonathan Rossing	27	Bloomington, IN	35:20
4.	David Bischoff	44	Fairport, NY	36:09
5.	Rudy Montoya	38	Fresno, CA	37:32
6.	Joe Brinkmann	43	Cincinnati, OH	38:46
7.	Alan Willey	42	Cincinnati, OH	39:42
8.	Doug Schneider	42	Fairfield, OH	39:59
9.	Chris Schade	36	Cincinnati, OH	41:16
10.	Mike Jarrold-Grapes	36	Cincinnati, OH	41:22

TOP FEMALE	NAME	AGE	HOME	TIME
1.	Kerry Lee	31	Cincinnati, OH	41:12

**2006 Marathon Walker Division Top 5**

	<b>NAME</b>	<b>AGE</b>	<b>HOME</b>	<b>TIME</b>
<b>1.</b>	Holmes Finch	40	Anderson, IN	3:53:09
<b>2.</b>	Robert Raines	39	Cincinnati, OH	4:07:38
<b>3.</b>	Oscar Rosen	45	Cincinnati, OH	4:29:47
<b>4.</b>	Alastair Wilson	47	Cincinnati, OH	4:47:14
<b>5.</b>	Steve Black	57	Dillsboro, IN	4:50:05

**THE 2006 CINCINNATI FLYING PIG MARATHON SPLIT TIMES**

**2006 Men**

**C. FRANKE C. REIS**

<b>Mile</b>	<b>Time</b>	<b>Time</b>	<b>Sec. Difference</b>
<b>6.8</b>	36:27	36:27	EVEN
<b>12:0</b>	1:04:55	1:04:55	EVEN
<b>13.1</b>	1:10:48	1:10:48	EVEN
<b>19.3</b>	1:44:10	1:44:15	-.05
<b>CHIP FINAL</b>	2:20:25	2:23:23	-2:58
<b>PACE</b>	5:21	5:28	
<b>FINAL</b>	2:20:25	2:23:23	
<b>CLASS RANK</b>	1 out of 5	2 out of 5	
<b>OVERALL RANK</b>	1 out of 4210	2 out of 4210	

**2006 Women**

**N. SHIRE L. YOURMAN**

<b>Mile</b>	<b>Time</b>	<b>Time</b>	<b>Sec. Difference</b>
<b>6.8</b>	44:03	48:33	-4:30
<b>12.0</b>	1:20:13	1:25:01	-4:48
<b>13.1</b>	1:27:40	1:32:26	-4:46
<b>19.3</b>	2:10:04	2:14:16	-4:12
<b>CHIP FINAL</b>	2:56:19	2:59:32	-3:13
<b>PACE</b>	6:43	6:51	
<b>FINAL</b>	2:56:19	2:59:32	
<b>CLASS RANK</b>	1 out of 5	2 out of 5	
<b>OVERALL RANK</b>	38 out of 4210	56 out of 4210	

## 2005 RESULTS

### 2005 Marathon Top 10 Overall (Men)

PLACE	NAME	AGE	HOME	TIME
1.	Tim Rieger	28	Dayton, OH	2:30:25
2.	Isaac Barnes	29	Williamsport, OH	2:30:53
3.	Matt Deleon	24	Dublin, OH	2:32:10
4.	Jeremy Davis	25	West Lafayette, IN	2:39:47
5.	Joshua McClymont	28	Atlanta, GA	2:41:11
6.	Stephen Wolcott	37	Indianapolis, IN	2:42:34
7.	Donavon Hornbeck	22	St. Johns, MI	2:44:23
8.	Jonathan Sieber	30	Birmingham, MI	2:44:35
9.	Ronald Davis	46	West Chester, OH	2:45:33
10.	Jeff Kelly	30	Champaign, IL	2:45:56

### 2005 Marathon Top 10 Overall (Women)

PLACE	NAME	AGE	HOME	TIME
1.	Alison Bedingfield	22	Cincinnati, OH	3:03:52
2.	Lisa Veneziano	40	West Chester, OH	3:07:32
3.	Laurie Davis	39	Cincinnati, OH	3:13:28
4.	Dana Kramer	42	Urbandale, IA	3:15:07
5.	Tina Bailey	31	Pittsburgh, PA	3:15:40
6.	Cheryl McKettrick	43	Mason, OH	3:17:18
7.	Lois Ann Fulton	39	Fenton, MI	3:18:47
8.	Karen Dewine	38	Cincinnati, OH	3:20:37
9.	Sabine Kane	45	New Brighton, PA	3:20:53
10.	Michelle Mueller	43	Mentor, OH	3:21:16

**2005 Half Marathon Top 5 Overall (Men)**

PLACE	NAME	AGE	HOME	TIME
1.	Jason Newport	34	Eaton, OH	1:15:38
2.	Eric Hodgson	24	Oxford, OH	1:15:44
3.	Abraham Almanthe	22	Cincinnati, OH	1:17:18
4.	Dennis West	44	Mount Gilead, OH	1:18:54
5.	Jim Chaney	41	Akron, OH	1:19:20

**2005 Half Marathon Top 5 Overall (Women)**

PLACE	NAME	AGE	HOME	TIME
1.	Tanya Thatcher	34	Mason, OH	1:23:04
2.	Jill Tranter	34	Walton, KY	1:24:29
3.	Kerry Lee	30	Cincinnati, OH	1:26:18
4.	Kimberly Wise	34	Enon, OH	1:26:44
5.	Shelley Ralston	49	Uniontown, PA	1:32:04

**2005 Marathon Top Wheelchair**

	NAME	AGE	HOME	TIME
1.	Gary Forbes	56	Mexico, NY	4:56:55

**2005 Marathon Relay Winners**

	NAME	TIME
Corporate relay, Men	High Endurance	2:38:51
Corporate relay, women	Puissance 4	4:15:17
Corporate relay, coed	Corporate Express A	3:09:00
Open 4-Person relay, men	Running Spot Ed	2:22:56
Open 4-Person relay, women	Swift Swine	3:13:08
Open 4-Person relay, coed	Living In The Dr	2:45:12

### 2005 Papa John's 10K Top 10

PLACE	NAME	AGE	HOME	TIME
1.	TJ Lentz	38	Cincinnati, OH	32:41
2.	Matthew Thomas	30	Middletown, OH	36:15
3.	Patrick Nemecek	25	Cincinnati, OH	36:30
4.	Joey Zeinner	25	Florence, KY	36:43
5.	J.Camele	38	Cincinnati, OH	37:07
6.	Chris Cowder	14	Cincinnati, OH	38:06
7.	Eric Barth	29	Fort Thomas, KY	38:11
8.	Joe Brinkmann	42	Cincinnati, OH	38:46
9.	Jeffrey Ashby	16	Reading, OH	39:18
10.	Kenji Heilman	33	Evansville, IN	40:38

TOP FEMALE	NAME	AGE	HOME	TIME
1.	Lauren Rookledge	24	Cincinnati, OH	43:11

### 2005 Walker Division Top 5

	NAME	AGE	HOME	TIME
1.	Jeff Server	48	Amelia, OH	4:19:44
2.	Oscar Rosen	44	Cincinnati, OH	4:31:21
3.	Steve Black	56	Dillsboro, IN	4:54:45
4.	James McGruder	57	Walton, KY	4:56:18
5.	Darryl Davis	52	Cincinnati, OH	5:03:56

### THE 2005 CINCINNATI FLYING PIG MARATHON SPLIT TIMES

#### 2005 Men

#### T. RIEGER I. BARNES

Mile	Time	Time	Sec. Difference
6.8	38:54	38:54	EVEN
12.0	1:09:19	1:09:18	+:01
13.1	1:15:36	1:15:34	+:02
CHIP FINAL	2:30:24	2:30:53	-:29
PACE	5:44	5:45	
FINAL	2:30:25	2:30:53	
CLASS RANK	1 out of 5	2 out of 5	
OVERALL RANK	1 out of 3797	2 out of 3797	

#### 2005 Women

#### A. BEDINGFIELD L. VENEZIANO

Mile	Time	Time	Sec. Difference
6.8	46:50	49:54	-3:04
12.0	1:21:52	1:27:36	-5:44
13.1	1:29:02	1:35:35	-6:33
CHIP FINAL	3:03:40	3:07:29	-3:49
PACE	7:00	7:09	
FINAL	3:03:52	3:07:32	
CLASS RANK	1 out of 5	2 out of 5	
OVERALL RANK	62 out of 3797	83 out of 3797	

**2004 RESULTS****2004 Marathon Top 10 Overall (Men)**

<b>PLACE</b>	<b>NAME</b>	<b>AGE</b>	<b>HOME</b>	<b>TIME</b>
1.	Thomas Lentz	37	Cincinnati, OH	2:38:07
2.	Thomas Yakowenko	35	Metuchen, NJ	2:43:29
3.	Jonathan Sieber	29	Birmingham, MI	2:44:05
4.	Stephen Wolcott	36	Bloomington, IN	2:45:03
5.	Mark Koors	40	Villa Hills, KY	2:45:53
6.	Brendon Moody	22	Ohio City, OH	2:46:53
7.	Brian Alessandro	24	Highland Heights, KY	2:48:06
8.	Eric McKenna	37	Newmarket, NH	2:48:32
9.	Derrick Butler	23	Cincinnati, OH	2:48:55
10.	Joseph Ewaskiewicz	41	Millheim, PA	2:49:13

**2004 Marathon Top 10 Overall (Women)**

<b>PLACE</b>	<b>NAME</b>	<b>AGE</b>	<b>HOME</b>	<b>TIME</b>
1.	P.J. Ball	25	Cincinnati, OH	3:05:52
2.	Leslie Dorado	34	Westerville, OH	3:07:41
3.	Laurie Davis	38	Cincinnati, OH	3:10:27
4.	Jacqueline Adelmeyer	20	Lomira, WI	3:10:55
5.	TM	24	Akron, OH	3:11:11
6.	Amy Assenmacher	28	Sylvania, OH	3:11:18
7.	Kimberly Lieb	33	Dunwoody, GA	3:15:02
8.	Pamela Krantz-Lee	35	Somonauk, IL	3:15:30
9.	Emma Bracey	35	Cincinnati, OH	3:16:09
10.	Rebecca Dietrich	22	Cincinnati, OH	3:16:58

**2004 Marathon Relay Winners**

	<b>NAME</b>	<b>TIME</b>
Corporate relay, Men	High Endurance	2:41:19
Corporate relay, women	Dei Divas	4:39:44
Corporate relay, coed	Payne Firm Flyers	3:26:49
Open 4-Person relay, men	Wings	2:46:02
Open 4-Person relay, women	Charmed Ones	3:19:13
Open 4-Person relay, coed	Team With a Dream 2	2:56:18
Open 2-Person relay, men	PR Kentucky	2:29:02
Open 2-Person relay, women	Fillies of the Spot	3:04:49
Open 2-Person relay, coed	Sell-Mates	3:02:22

**2004 Papa John's 10K Top 10**

<b>PLACE</b>	<b>NAME</b>	<b>AGE</b>	<b>HOME</b>	<b>TIME</b>
1.	Jeremy Borling	23	Chicago, IL	33:58
2.	Walter Osborne	28	Springboro, OH	34:52
3.	Ben Kramer	25	Cleveland, OH	35:54
4.	Justin Saunders	24	Lexington, KY	36:01
5.	Adam Self	31	Cincinnati, OH	36:04
6.	Paul Harkins	49	Maineville, OH	36:19
7.	Chris Balish	41	Covington, KY	36:52
8.	Pete Beckman	47	Cincinnati, OH	37:25
9.	Jeff Hartman	36	Liberty Twp., OH	38:06
10.	Wes Ruth	26	Lexington, KY	38:38

<b>TOP FEMALE</b>	<b>NAME</b>	<b>AGE</b>	<b>HOME</b>	<b>TIME</b>
1.	Tanya Thatcher	33	Loveland, OH	38:15

**2004 Marathon Top Walkers**

	<b>NAME</b>	<b>AGE</b>	<b>HOME</b>	<b>TIME</b>
1.	Darryl Davis	51	Cincinnati, OH	4:51:05
2.	Steve Black	55	Dillsboro, OH	5:03:57
3.	Joyce Prohaska	53	Lakewood, OH	5:04:56
4.	John Fischer	60	Okeana, OH	5:05:21
5.	Nicole Gajraj	33	Toronto, Ontario	5:13:49

**THE 2004 CINCINNATI FLYING PIG MARATHON SPLIT TIMES**  
**2004 Men**

	<b>T. LENTZ</b>	<b>T. YAKOWENKO</b>	
<b>Mile</b>	<b>Time</b>	<b>Time</b>	<b>Sec. Difference</b>
<b>7</b>	38:17	40:06	-1 min. 49 sec.
<b>13.1</b>	1:13:07	1:16:42	-3 min. 35 sec.
<b>19.3</b>	1:48:12	1:54:02	-5 min. 50 sec.
<b>CHIP FINAL</b>	2:38:05	2:43:27	-5 min. 22 sec.
<b>PACE</b>	6:02	6:14	
<b>FINAL</b>	2:38:07	2:43:29	
<b>CLASS RANK</b>	1 out of 5	2 out of 5	
<b>OVERALL RANK</b>	1 out of 4030	2 out of 4030	

**2004 Women**

	<b>P.J. BALL</b>	<b>L. DORADO</b>	
<b>Mile</b>	<b>Time</b>	<b>Time</b>	<b>Sec. Difference</b>
<b>7</b>	48:04	47:47	+:17
<b>13.1</b>	1:31:16	1:31:30	-:14
<b>19.3</b>	2:13:52	2:14:36	-:44
<b>CHIP FINAL</b>	3:05:44	3:07:36	-1:52
<b>PACE</b>	7:05	7:09	
<b>FINAL</b>	3:05:52	3:07:41	
<b>CLASS RANK</b>	1 out of 5	2 out of 5	
<b>OVERALL RANK</b>	63 out of 4030	75 out of 4030	

**NOTE:** There were no final times in the 2004 Wheelchair division. Wheelchair entrants failed to finish the course.

**2003 RESULTS****2003 Marathon Top 10 Overall (Men)**

<b>MEN</b>	<b>NAME</b>	<b>AGE</b>	<b>HOME</b>	<b>TIME</b>
1.	John Aerni	23	Cincinnati, OH	2:27:44
2.	Pellegrino Ciccarello	39	Cleveland	2:35:21
3.	Dave Ackerman	34	Milford, OH	2:39:50
4.	Jeff Kelly	28	Charleston, IL	2:40:15
5.	Derek Griffiths	27	Denver, CO	2:41:10
6.	Stephen Wolcott	35	Bloomington, IN	2:42:14
7.	Todd Black	32	Painesville, OH	2:43:51
8.	George Brown	43	Tuscaloosa, AL	2:44:30
9.	Mark Piorkowski	33	Cincinnati, OH	2:44:44
10.	Dave Dixon	32	Sioux City, IA	2:45:15

**2003 Marathon Top 10 Overall (Women)**

<b>WOMEN</b>	<b>NAME</b>	<b>AGE</b>	<b>HOME</b>	<b>TIME</b>
1.	Lisa Veneziano	38	West Chester, OH	2:57:54
2.	Cassandra McCune	33	Nashport, OH	3:00:59
3.	Heidi Stegemiller	40	Franklin, OH	3:02:30
4.	Laurie Davis	37	Cincinnati, OH	3:02:36
5.	Betsy Armentrout	30	Winston-Salem, NC	3:04:02
6.	Sheila Wakeman	38	Cornelius, NC	3:05:34
7.	Amanda Kirby	28	Cambridge, OH	3:06:02
8.	Emma Bracey	34	Cincinnati, OH	3:10:48
9.	Terri Cook	27	Exton, PA	3:10:57
10.	Sandy Hundley	43	Hilliard, OH	3:12:00

**2003 Marathon Top Wheelchair**

	<b>NAME</b>	<b>AGE</b>	<b>HOME</b>	<b>TIME</b>
1.	Chad Johnson	27	New Salisbury, IN	2:00:50
2.	Gerardo Maldonado	31	Mecungie, PA	2:18:24
3.	Marc Van Rafelghem	46	West Chester, OH	2:37:14
4.	Holly Koester	43	Cleveland, OH	3:20:14
5.	Christopher Bochenek	41	Cincinnati, OH	3:50:15

**2003 Marathon Relay Teams**

	<b>NAME</b>	<b>TIME</b>
1.	Team Cincinnati	2:19:36
2.	Team Kentucky	2:37:16
3.	Team Double Trouble	2:37:52
4.	Team Running Spot East	2:39:49
5.	Team Lexington	2:42:37
6.	Team Dravenstott Without Limits	2:44:05
7.	Team High Endurance	2:45:22
8.	Team Ultimatefrisbee Masters	2:49:23
9.	Team Flying Yaks	2:51:36
10.	Team Buckgers-Luthman	2:51:48

**2003 Papa John's 10K Top 10**

	<b>NAME</b>	<b>AGE</b>	<b>HOME</b>	<b>TIME</b>
1.	Cameron Stuber	27	Chicago, IL	32:12
2.	Eric McBride	28	Cincinnati, OH	33:30
3.	Lee Luiso	37	Loveland, OH	34:18
4.	Warren Kist	24	Chicago, IL	35:42
5.	Jason Burnes	22	Cincinnati, OH	35:43
6.	Byron Kimmel	28	Vandalia, OH	36:08
7.	Jeff Hartman	35	Liberty Twp., OH	36:41
8.	Steve Kruse	41	Ft. Thomas, KY	36:46
9.	Jon Bland	31	Brookville, OH	36:52
10.	Paul Harkins	48	Loveland, OH	36:55

<b>TOP FEMALE</b>	<b>NAME</b>	<b>AGE</b>	<b>HOME</b>	<b>TIME</b>
1.	Sarah Leeper	14	Loveland, OH	39:43

**2003 Marathon Top Walkers**

	<b>NAME</b>	<b>AGE</b>	<b>HOME</b>	<b>TIME</b>
1.	Christine Bonanno	38	Dayton, OH	4:59:19
2.	Bill Whipp	58	Cincinnati, OH	5:12:48
3.	Donna Estes	46	Mason, OH	5:19:35
4.	Wayne Hinaman	68	Cincinnati, OH	5:27:01
5.	Anne Broderick	29	Cincinnati, OH	5:28:54

**THE 2003 CINCINNATI FLYING PIG MARATHON SPLIT TIMES**

**2003 Men**

	<b>J. AERNI</b>	<b>P. CICCARELLO</b>	
<b>Mile</b>	<b>Time</b>	<b>Time</b>	<b>Sec. Difference</b>
<b>7</b>	40:15	42:38	-2 min. 23 sec.
<b>13</b>	1:11:51	1:16:02	-4 min. 11 sec.
<b>18.7</b>	1:43:53	1:50:26	-6 min. 33 sec.
<b>CHIP FINAL</b>	2:27:42	2:35:18	-7 min. 36 sec.
<b>PACE</b>	5:38	5:55	
<b>FINAL</b>	2:27:44	2:35:21	
<b>CLASS</b>	1 out of 5	2 out of 5	
<b>RANK</b>			
<b>OVERALL</b>	1 out of 3768	2 out of 3768	
<b>RANK</b>			

**2003 Women**

	<b>L. VENEZIANO</b>	<b>C. McCUNE</b>	
<b>Mile</b>	<b>Time</b>	<b>Time</b>	<b>Sec. Difference</b>
<b>7</b>	49:19	48:52	:27
<b>13</b>	1:28:41	1:28:36	:05
<b>18.7</b>	2:07:35	2:09:00	-1:25
<b>CHIP FINAL</b>	2:57:52	3:00:59	-3:07
<b>PACE</b>	6:47	6:54	
<b>FINAL</b>	2:57:54	3:00:59	
<b>CLASS RANK</b>	1 out of 5	2 out of 5	
<b>OVERALL</b>	29 out of	47 out of 3768	
<b>RANK</b>	3768		

## CINCINNATI FLYING PIG MARATHON WINNERS 2009 – 1999

YEAR	NAME	HOME	TIME
2009	Sergio Reyes	Palmdale, CA	2:20:37
	Autumn Ray	Galveston, TX	2:52:23
2008	Andy Martin	Bend, OR	2:30:40
	Michelle Didion	LaPorte, IN	3:05:18
2007	Isaac Barnes	Williamsport, OH	2:33:36
	Leah Peelman	Cincinnati, OH	2:55:56
2006	Cecil Franke	Dublin, IN	*2:20:25
	Norah Shire	Cincinnati, OH	2:56:19
2005	Tim Rieger II	Dayton, OH	2:30:24
	Alison Bedingfield	Cincinnati, OH	3:03:40
2004	TJ Lentz	Cincinnati, OH	2:38:07
	PJ Ball	Cincinnati, OH	3:05:52
2003	John Aerni	Cincinnati, OH	2:27:44
	Lisa Veneziano	West Chester, OH	2:57:54
2002	Cornelio Velasco	Oaxaca, Mexico	2:31:13
	Tatyana Pozdnyakova	Gainesville, FL	*2:34:35
2001	Rudolf Jun	Ft. Walton Beach, FL	2:28:07
	Rebecca Gallaher	Cincinnati, OH	2:50:50
2000	Rudolf Jun	Ft. Walton Beach, FL	2:23:04
	Rebecca Gallaher	Cincinnati, OH	2:49:32
1999	Elly Rono	Evansville, IN	2:21:15
	Sommer Settall	Cincinnati, OH	2:58:10

\*ER = Event Record

### CINCINNATI FLYING PIG MARATHON EVENT RECORD PROGRESSION

<b>MEN</b>			
NAME	HOME	TIME	DATE
Elly Rono	Evansville, IN	2:21:15	1999 (first year)
Cecil Franke	Dublin, IN	2:20:25	2006

<b>WOMEN</b>			
NAME	HOME	TIME	DATE
Sommer Settall	Cincinnati, OH	2:58:10	1999 (first year)
Rebecca Gallaher	Cincinnati, OH	2:49:32	2000
Tatyana Pozdnyakova	Gainesville, FL	2:34:35	2002

**CINCINNATI FLYING PIG MARATHON TOP 10 MEN-WOMEN 2009-1999**

<b>2009 MEN</b>	<b>AGE</b>	<b>HOME</b>	<b>TIME</b>
1. Sergio Reyes	27	Palmdale, CA	2:20:37
2. Timmy Parr	27	Gunnison, CO	2:28:32
3. Adam Thomas	29	West Chester, OH	2:31:25
4. Grant Scott	25	Cincinnati, OH	2:31:30
5. Travis Murray	27	Mason, OH	2:31:34
6. Brian List	25	Milford, OH	2:35:17
7. Evan Dehart	23	Cincinnati, OH	2:35:43
8. David Bea	29	Cincinnati, OH	2:42:02
9. Brian Alessandro	29	Covington, KY	2:44:12
10. Steven Waites	22	Columbus, OH	2:45:11
<b>2009 WOMEN</b>			
1. Autumn Ray	29	Galveston, TX	2:52:23
2. Tanya Thatcher	38	Mason, OH	2:59:31
3. Mindy Leisure	33	Kettering, OH	2:59:42
4. Wendy Licht	35	Waterville, OH	3:05:46
5. Gay Hammon	44	Cincinnati, OH	3:07:07
6. Nicole Luse	29	Dayton, OH	3:09:05
7. P.J. Ball	30	Cincinnati, OH	3:09:46
8. Ellen Erhardt	37	Springfield, IL	3:10:41
9. Ashley Ruberg	24	North Bend, OH	3:11:52
10. Katherine Lewnard	21	Cincinnati, OH	3:12:00
<b>2008 MEN</b>	<b>AGE</b>	<b>HOME</b>	<b>TIME</b>
1. Andy Martin	33	Bend, OR	2:30:40
2. Brian List	24	Milford, OH	2:33:33
3. Travis Murray	26	Mason, OH	2:34:34
4. James Beyer	40	Dayton, OH	2:36:39
5. Timmy Parr	26	Gunnison, CO	2:38:45
6. Nate Ritz	25	Delaware, OH	2:39:58
7. Patrick Harvey	25	Cincinnati, OH	2:40:45
8. Mike Hansen	27	Dublin, OH	2:41:22
9. Phil Hebda	20	Crown Point, IN	2:41:41
10. Jason Burnes	27	Goose Creek, SC	2:43:43
<b>2008 WOMEN</b>			
1. Michelle Didion	39	LaPorte, IN	3:05:18
2. Julie Spencer	31	Baraboo, WI	3:06:32
3. Jennifer Gapin	26	Greensboro, NC	3:07:43
4. Tara Keller	33	Hilliard, OH	3:08:14
5. Karen Braun	36	Cincinnati, OH	3:10:04
6. Rebecca Jordan	29	Brewton, AL	3:11:35
7. Carrie Koerner	27	Madison Heights, MI	3:11:53
8. Teresa Stamplis	23	Athens, OH	3:14:57
9. Gay Hammon	43	Cincinnati, OH	3:15:36
10. Mary Kaye Pazder	42	Erie, PA	3:17:20
<b>2007 MEN</b>	<b>AGE</b>	<b>HOME</b>	<b>TIME</b>
1. Isaac Barnes	31	Williamsport, OH	2:33:36
2. Kevin Alessandro	27	Louisville, KY	2:34:53
3. James Beyer	39	Dayton, OH	2:35:22
4. Aaron Schwartzbard	29	Reston, VA	2:38:37

5.Andrew Westendorf	22	Cedar Falls, IA	2:43:05
6.Kevin Storer	29	Pittsburgh, PA	2:44:34
7.James Badgerow	29	Omer, MI	2:45:32
8.Andrei Volik	33	Huntington, WVA	2:46:51
9.Andy Jones	45	Cincinnati, OH	2:47:50
10.Phil Hebda	19	Crown Point, IN	2:47:59
<b>2007 WOMEN</b>			
1.Leah Peelman	23	Cincinnati, OH	2:55:56
2.Tanya Thatcher	36	Mason, OH	3:03:42
3.Leslie Kramer	29	Slippery Rock, PA	3:05:13
4.Kelly Edmondson	32	Cincinnati, OH	3:08:31
5.Karen Fuchs	38	Louisville, CO	3:11:38
6.Jackie Sienkiewicz	26	Woodbridge, NJ	3:12:37
7.Lynn Mooney	45	Marietta, GA	3:12:49
8.Julie Wankowski	36	Pleasant Prairie, WI	3:13:35
9.Sara Dumford	36	Cincinnati, OH	3:14:49
10.Dawn Hartman	35	Lebanon, OH	3:15:59
<b>2006 MEN</b>			
	<b>AGE</b>	<b>HOME</b>	<b>TIME</b>
1.Cecil Franke	28	Dublin, IN	2:20:25
2.Christopher Reis	25	Cincinnati, OH	2:23:23
3.Brian List	22	Milford, OH	2:33:55
4.Cory Scheadler	23	Sardinia, OH	2:34:26
5.Nate Ritz	23	Westerville, OH	2:35:04
6.Isaac Barnes	30	Williamsport, OH	2:38:41
7.Patrick Harvey	23	Cincinnati, OH	2:39:52
8.Michael Dehring	35	Cincinnati, OH	2:40:39
9. Will Boylan-Pett	23	New York, NY	2:41:05
10. Matthew Van Cleave	30	Cincinnati, OH	2:42:52
<b>2006 WOMEN</b>			
1.Norah Shire	36	Cincinnati, OH	2:56:19
2.Lindsey Yourman	22	New York, NY	2:59:32
3.Betsy Armentrout	33	Winston-Salem, NC	3:01:40
4.Tara Keller	31	Hilliard, OH	3:02:11
5.Tina Bailey	32	Pittsburgh, PA	3:02:33
6.Anita Moller	34	Whitesboro, NY	3:04:20
7.Leslie Kramer	28	Slippery Rock, PA	3:07:45
8.Lisa Veneziano	41	West Chester, OH	3:10:33
9.Monica Ranly	21	Fort Recovery, OH	3:12:10
10.Barbara Holcomb	43	Cullman, AL	3:12:23

<b>2005 MEN</b>			
	<b>AGE</b>	<b>HOME</b>	<b>TIME</b>
1.Tim Rieger	28	Dayton, OH	2:30:25
2.Isaac Barnes	29	Williamsport, OH	2:30:53
3.Matt Deleon	24	Dublin, OH	2:32:10
4.Jeremy Davis	25	West Lafayette, IN	2:39:47
5.Joshua McClymont	28	Atlanta, GA	2:41:11
6.Stephen Wolcott	37	Indianapolis, IN	2:42:34

7. Donavon Hornbeck	22	St. Johns, MI	2:44:23
8. Jonathan Sieber	30	Birmingham, MI	2:44:35
9. Ronald Davis	46	West Chester, OH	2:45:33
10. Jeff Kelly	30	Champaign, IL	2:45:46
<b>2005 WOMEN</b>			
1. Alison Bedingfield	22	Cincinnati, OH	3:03:52
2. Lisa Veneziano	40	West Chester, OH	3:07:32
3. Laurie Davis	39	Cincinnati, OH	3:13:28
4. Dana Kramer	42	Urbandale, IA	3:15:07
5. Tina Bailey	31	Pittsburgh, PA	3:15:40
6. Cheryl McKetrick	43	Mason, OH	3:17:18
7. Lois Ann Fulton	39	Fenton, MI	3:18:47
8. Karen Dewine	38	Cincinnati, OH	3:20:37
9. Sabine Kane	45	New Brighton, PA	3:20:53
10. Michelle Mueller	43	Mentor, OH	3:21:16

<b>2004 MEN</b>	<b>AGE</b>	<b>HOME</b>	<b>TIME</b>
1. T.J. Lentz	37	Cincinnati, OH	2:38:07
2. Thomas Yakowenko	35	Metuchen, NJ	2:43:29
3. Jonathan Sieber	29	Birmingham, MI	2:44:05
4. Stephen Wolcott	36	Bloomington, IN	2:45:03
5. Mark Koors	40	Villa Hills, KY	2:45:53
6. Brendon Moody	22	Ohio City, OH	2:46:53
7. Brian Alessandro	24	Highland Heights, KY	2:48:06
8. Eric McKenna	37	Newmarket, NH	2:48:32
9. Derrick Butler	23	Cincinnati, OH	2:48:55
10. Joseph Ewaskiewicz	41	Millheim, PA	2:49:13
<b>2004 WOMEN</b>			
1. P.J. Ball	25	Cincinnati, OH	3:05:52
2. Leslie Dorado	34	Westerville, OH	3:07:41
3. Laurie Davis	38	Cincinnati, OH	3:10:27
4. Jacqueline Adelmeyer	20	Lomira, WI	3:10:55
5. TM	24	Akron, OH	3:11:11
6. Amy Assenmacher	28	Sylvania, OH	3:11:18
7. Kimberly Lieb	33	Dunwoody, GA	3:15:02
8. Pamela Krantz-Lee	35	Somonauk, IL	3:15:30
9. Emma Bracey	35	Cincinnati, OH	3:16:09
10. Rebecca Dietrich	22	Cincinnati, OH	3:16:58

<b>2003 MEN</b>			
1. John Aerni	23	Cincinnati, OH	2:27:44
2. Pellegrino Ciccarello	39	Cleveland, OH	2:35:21
3. Dave Ackerman	34	Milford, OH	2:39:50
4. Jeff Kelly	28	Charleston, IL	2:40:15
5. Derek Griffiths	27	Denver, CO	2:41:10

6. Stephen Wolcott	35	Bloomington, IN	2:42:14
7. Todd Black	32	Painesville, OH	2:43:51
8. George Brown	43	Tuscaloosa, AL	2:44:30
9. Mark Piorkowski	33	Cincinnati, OH	2:44:44
10. Dave Dixon	32	Sioux City, IA	2:45:15
<b>2003 WOMEN</b>			
1. Lisa Veneziano	38	West Chester, OH	2:57:54
2. Cassandra McCune	33	Nashport, OH	3:00:59
3. Heidi Stegemiller	40	Franklin, OH	3:02:30
4. Laurie Davis	37	Cincinnati, OH	3:02:36
5. Betsy Armentrout	30	Winston-Salem, NC	3:04:02
6. Sheila Wakeman	38	Cornelius, NC	3:05:34
7. Amanda Kirby	28	Cambridge, OH	3:06:02
8. Emma Bracey	34	Cincinnati, OH	3:10:48
9. Terri Cook	27	Exton, PA	3:10:57
10. Sandy Hundley	43	Hilliard, OH	3:12:00
<b>2002 MEN</b>			
1. Cornelio Velasco	32	Chicago, IL	2:31:13
2. Isaac Barnes	26	Williamsport, OH	2:31:31
3. Scott Young	32	Tucson, AZ	2:31:53
4. Tom Rieger II	25	Dayton, OH	2:34:15
5. Scott Colford	31	Logansport, IN	2:35:30
6. Jonathan Sieber	27	St. Clair Shores, MI	2:38:57
7. Thomas Whalen	36	St. Louis, MO	2:41:19
8. Richard Dravenstott	28	Cincinnati, OH	2:42:19
9. Jim Clemens	34	Madison, AL	2:43:15
10. George Willoughby	37	Cincinnati, OH	2:43:35
<b>2002 WOMEN</b>			
1. Tatyana Pozdnyakova	47	Gainesville, FL	2:34:35
2. Krista Place	29	Marysville, OH	2:51:02
3. Dolores Ware	32	Virginia Beach, VA	2:54:06
4. Cassandra McCune	32	Nashport, OH	3:03:55
5. PJ Ball	23	Cincinnati, OH	3:05:30
6. Heidi Stegemiller	39	Franklin, OH	3:06:17
7. Laurie Davis-Rueve	36	Cincinnati, OH	3:07:52
8. Kristi Fine	37	Liberty Twp, OH	3:08:04
9. Amanda Kirby	27	Cambridge, OH	3:09:23
10. Shannan Rieder	23	Cincinnati, OH	3:09:27
<b>2001 MEN</b>			
1. Rudolf Jun	29	Ft. Walton Beach, FL	2:28:02
2. Marc Lawson	26	Draper, UT	2:30:25
3. Isaac W. Barnes	25	Williamsport, OH	2:32:10
4. Scott Colford	30	Logansport, IN	2:33:32

5. Scott LeCates	32	Cincinnati, OH	2:35:46
6. Barrett Hopper	33	Fairfield, OH	2:37:28
7. Andy Jones	39	Cincinnati, OH	2:41:31
8. David Dobkowski	42	St. Louis, MO	2:42:09
9. William Hafner	23	Bloomington, IN	2:43:16
10. Roberto Rosales	26	Chicago, IL	2:43:24
<b>2001 WOMEN</b>			
1. Becky Gallaher	26	Monterey, CA	2:50:45
2. Michelle Pomfrey	29	Lakewood, OH	2:59:20
3. Amy Beatty	22	Beavercreek, OH	3:01:13
4. Patti Shepard	37	Penrose, NC	3:05:20
5. Linda Van Auken	32	Nashville, TN	3:07:19
6. Renee Mangette	29	Blacklick, OH	3:07:44
7. Susan Nuzum	34	Boulder, CO	3:11:22
8. Cheryl McKettrick	39	Mason, OH	3:12:38
9. Laurie Rueve	35	Cincinnati, OH	3:13:30
10. Bernadette Samson-Huston	44	Cape Girardeau, MO	3:13:52
<b>2000 MEN</b>			
1. Rudolf Jun	28	Ft. Walton Beach, FL	2:23:03
2. Isaac Barnes	24	Williamsport, OH	2:31:43
3. Scott Colford	29	Logansport, IN	2:33:49
4. Scott Lecates	31	Williamstown, KY	2:36:10
5. Orlando Velasquez	29	Albuquerque, NM	2:37:50
6. Richard Dravenstott	26	Greensboro, NC	2:38:20
7. Philip Helbig	33	Cincinnati, OH	2:39:14
8. Mike Tigani	33	Cincinnati, OH	2:40:58
9. David Ackerman	31	Milford, OH	2:41:28
10. William Spellacy	29	Rocky River, OH	2:45:39
<b>2000 WOMEN</b>			
1. Rebecca Gallaher	25	Cincinnati, OH	2:49:31
2. Patti Shepard	36	Penrose, NC	3:02:19
3. Joan Ellis	51	Parma, OH	3:04:06
4. Jodi Benware	36	Wheaton, IL	3:04:35
5. Meg Schissel	40	Eden Prairie, MN	3:05:51
6. Chari Walsh	36	Dayton, OH	3:06:56
7. Martha Perkins	36	Lexington, KY	3:06:58
8. Leila Mehbod	29	Ft. Thomas, KY	3:08:24
9. Bridget Donaldson	25	Knoxville, TN	3:12:12
10. Cheryl McKettrick	38	Mason, OH	3:12:33
<b>1999 MEN</b>			
1. Ely Rono	29	Evansville, IN	2:21:15
2. Jun Rudolf	27	Ft. Walton Beach, FL	2:22:31
3. Tim Menoher	27	Ft. Wright, KY	2:28:59
4. Andrew Jones	37	Cincinnati, OH	2:30:53
5. Joe Perske	43	Sartell, MN	2:34:37

6. Phil Helbig	32	Cincinnati, OH	2:35:48
7. David Ackerman	30	Milford, OH	2:37:15
8. David Dobkowski	40	St. Louis, MO	2:37:23
9. Angel Ruemmely	37	Radcliff, KY	2:37:46
10. John Zerhusen	31	Cincinnati, OH	2:38:46
<b>1999 WOMEN</b>			
1. Sommer Settell	22	Cincinnati, OH	2:58:10
2. Joan Ellis	50	Parma, OH	3:06:36
3. Kathy Lencio	36	Fayetteville, WV	3:07:20
4. Maribeth Thomas	38	Cynthiana, KY	3:13:36
5. Janice Kreuz	51	Cincinnati, OH	3:14:36
6. Deidre McCarthy Gallagher	29	Arlington, VA	3:15:26
7. Kelly Smith	20	Cincinnati, OH	3:16:17
8. Kei Ondo	30	Arlington Heights, IL	3:16:22
9. Bridget Donaldson	24	Cincinnati, OH	3:18:03
10. Cynthia Gorman	36	Terrace Pk, OH	3:18:21

#### WHEELCHAIR TOP THREE 2009 – 1999

NAME	AGE	HOME	TIME
<b>2009</b>			
(no entries)			
<b>2008</b>			
(no entries)			
<b>2007</b>			
1. Mike Savicki	39	Cornelius, NC	3:09:48
<b>(only one entry)</b>			
<b>2006 MEN</b>			
1. Mark Graham	42	Waterford, PA	2:34:18
2. Larry Porter	36	St. Louis, MO	4:29:17
<b>(only entries)</b>			
<b>2005 MEN</b>			
1. Gary Forbes	56	Mexico, NY	4:56:55
<b>(only one entry)</b>			
<b>2004 (no finishers)</b>			
<b>2003 MEN</b>			
1. Chad Johnson	27	New Salsbury, IN	2:00:50
2. Gerardo Maldonado	31	Mecungie, PA	2:18:24
3. Marc Van Rafelghem	46	West Chester, OH	2:37:14
<b>2003 WOMEN</b>			
1. Holly Koester	43	Cleveland, OH	3:20:14
<b>2002 MEN</b>			
1. Chad Johnson	26	Palmyra, IN	1:53:15
2. Gerardo Maldonado	30	Chicago, IL	2:25:55
3. Mike Gillam	30	Muncie, IN	2:49:07

<b>2002 WOMEN</b>			
<b>1. (no entrants)</b>			
<b>2001 MEN</b>			
1. Vern Achenback	58	Snellville, GA	1:53:48
2. Ramiro Bermudez	41	Houston, TX	1:57:48
3. Chad Johnson	25	Muncie, IN	2:12:55
<b>2001 WOMEN</b>			
1. Nanc Spillner	41	Powder Springs, GA	4:06:15
<b>2000 MEN</b>			
1. Franz Nietlispach	42	Leimgasse, Switzerland	1:35:59
2. Saul Mendoza	32	Snellville, GA	1:38:32
3. Nicholas Cunningham	30	Winnipeg, Manitoba	2:54:30
<b>2000 WOMEN</b>			
1. Holly Koester	40	Bedford, OH	3:17:41
<b>1999 MEN</b>			
1. Saul Mendoza	32	Snellville, GA	1:30:46
2. Krige Schabort	35	Cedartown, GA	1:30:47
3. Franz Nietlispach	41	Zeiningen,CHE	1:36:20
<b>1999 WOMEN</b>			
1. Deanna Sodoma	21	Escondido, CA	2:11:57
2. Patricia Bowen	22	Champaign, IL	2:42:46
3. Holly Koester	39	Cleveland, OH	3:12:29

#### CINCINNATI FLYING PIG MARTHON'S MARGINS OF VICTORY

YEAR	MEN'S WINNER	WINNING MARGIN	RUNNER-UP
2009	Sergio Reyes	7:55	Timmy Parr
2008	Andy Martin	2:53	Brian List
2007	Isaac Barnes	1:17	Kevin Alessandro
2006	Cecil Franke	2:58	Christopher Reis
2005	Tim Rieger	:28	Isaac Barnes
2004	Thomas (TJ) Lentz	5:22	Thomas Yakowenko
2003	John Aerni	7:37	Pellegrino Ciccarello
2002	Cornelio Velasco	:18	Isaac Barnes
2001	Rudolf Jun	2:23	Marc Lawson
2000	Rudolf Jun	8:40	Isaac Barnes
1999	Elly Rono	1:16	Rudolf Jun
YEAR	WOMEN'S WINNER	WINNING MARGIN	RUNNER-UP
2009	Autumn Ray	7:08	Tanya Thatcher
2008	Michelle Didion	1:14	Julie Spencer
2007	Leah Peelman	7:46	Tanya Thatcher
2006	Norah Shire	3:13	Lindsey Yourman
2005	Alison Bedingfield	3:49	Lisa Veneziano
2004	PJ Ball	1:49	Leslie Dorado
2003	Lisa Veneziano	3:05	Cassandra McCune
2002	Tatyana Podznyakova	16:27	Krista Place
2001	Becky Gallaher	8:35	Michelle Pomfrey
2000	Rebecca Gallaher	12:48	Patti Shepard
1999	Sommer Settell	9:10	Kathy Lencio

## CINCINNATI FLYING PIG MARATHON'S TOP 10 FASTEST FINISHES

PLACE	NAME	TIME	DATE
<b>MEN</b>			
1 <sup>st</sup>	Cecil Franke	2:20:25	2006
2 <sup>nd</sup>	Sergio Reyes	2:20:37	2009
3 <sup>rd</sup>	Elly Rono	2:21:15	1999
4 <sup>th</sup>	Rudolf Jun	2:22:31	1999
5 <sup>th</sup>	Rudolf Jun	2:23:03	2000
6 <sup>th</sup>	John Aerni	2:27:44	2003
7 <sup>th</sup>	Rudolf Jun	2:28:02	2001
8 <sup>th</sup>	Marc Lawson	2:30:25	2001
8 <sup>th</sup>	Tim Rieger	2:30:25	2005
9 <sup>th</sup>	Andy Martin	2:30:40	2008
10 <sup>th</sup>	Isaac Barnes	2:30:53	2005
<b>WOMEN</b>			
1 <sup>st</sup>	Tatyana Pozdnyakova	2:34:35	2002
2 <sup>nd</sup>	Rebecca Gallaher	2:49:31	2000
3 <sup>rd</sup>	Becky Gallaher	2:50:45	2001
4 <sup>th</sup>	Krista Place	2:51:02	2002
5 <sup>th</sup>	Autumn Ray	2:52:23	2009
6 <sup>th</sup>	Dolores Ware	2:54:06	2002
7 <sup>th</sup>	Leah Peelman	2:55:56	2007
8 <sup>th</sup>	Norah Shire	2:56:19	2006
9 <sup>th</sup>	Lisa Veneziano	2:57:54	2003
10 <sup>th</sup>	Summer Settell	2:58:10	1999

## CINCINNATI FLYING PIG MARATHON'S CLOSEST RACES

### MEN (BY TIME DIFFERENCE)

Winning Time		MARGIN	YEAR	ORDER OF FINISH
2:31:13	1.	:18	2002	Cornelio Velasco
	2.			Isaac Barnes
2:30:25	1.	:28	2005	Tim Rieger
	2.			Isaac Barnes
2:21:15	1.	1:16	1999	Elly Rono
	2.			Rudolf Jun
2:33:36	1.	1:17	2007	Isaac Barnes
	2.			Kevin Alessandro

### WOMEN (BY TIME DIFFERENCE)

Winning Time		MARGIN	YEAR	ORDER OF FINISH
3:05:18	1.	1:14	2008	Michelle Didion
	2.			Julie Spencer
3:05:52	1.	1:49	2004	PJ Ball
	2.			Leslie Dorado
2:56:19	1.	3:13	2006	Norah Shire
	2.			Lindsey Yourman
3:03:52	1.	3:49	2005	Alison Bedingfield
	2.			Lisa Veneziano

## CINCINNATI FLYING PIG MARATHON'S MULTIPLE RACE WINNERS

<b>MEN</b>	<b>YEARS</b>
Rudolf Jun	2000, 2001
<b>WOMEN</b>	<b>YEARS</b>
Rebecca Gallaher	2000, 2001

## CINCINNATI FLYING PIG MARATHON'S WINNERS BY COUNTRY

<b>United States</b>	<b>Men</b>	<b>Women</b>
	Sergio Reyes, 2009	Autumn Ray, 2009
	Andy Martin, 2008	Michelle Didion, 2008
	Isaac Barnes, 2007	Leah Peelman, 2007
	Cecil Franke, 2006	Norah Shire, 2006
	Tim Rieger, 2005	Alison Bedingfield, 2005
	TJ Lentz, 2004	PJ Ball, 2004
	John Aerni, 2003	Lisa Veneziano, 2003
	Rudolf Jun, 2001	Rebecca Gallaher, 2001
	Rudolf Jun, 2000	Rebecca Gallaher, 2000
		Sommer Settall, 1999
<b>Mexico</b>	Cornelio Velasco, 2002	
<b>Russia</b>		Tatyana Pozdnyakova, 2002
<b>Kenya</b>	Elly Rono, 1999	

## YEAR-BY-YEAR HISTORY OF THE CINCINNATI FLYING PIG MARATHON

### May 9, 1999

"What do you get when you put together 36,000 safety pins, 7,500 medals, 7,500 bananas, 40 churches, 2,000 Band-Aids, 400 six-foot tables, 181 portable toilets, almost 10,000 people and 26.2 miles of paved surface in Cincinnati and Northern Kentucky?"

"You have the ingredients of the inaugural Cincinnati Flying Pig Marathon, to be run Sunday.

"Those items are just a tiny part of an incredible list of necessities - not including the thousands of man-hours of planning, negotiating, recruiting and missed sleep." *Cincinnati Post*, May 6, 1999

From a dream to reality, the Cincinnati Flying Pig Marathon got off to a flying start on Mother's Day, 1999. Some 6,150 runners started downtown, wound through the neighborhoods and finished at the Museum Center, Union Terminal. In its first running, the "Pig" got rave reviews in *Marathon & Beyond*. The Pig scored 901 on a scale of 1,000 — the sixth-best of any marathon reviewed.

The inaugural Flying Pig was the second-largest first marathon in history, after San Diego's in 1998, and immediately among the top 10 in the country.

Elly Rono, a 29-year-old Kenyan living in Evansville, Ind., ran away with the men's race, finishing in 2 hours, 21 minutes and 15 seconds. Rono broke away at the 4-mile mark and was unchallenged the rest of the way.

Sommer Settall, a 22-year-old student at the University of Cincinnati, won the women's race in 2:58:10. It was the first win in a major race for Settall, who has been running seriously for only 2<sup>1</sup>/<sub>2</sub> years.

Rono and Settall each received \$1,500 for their victories.

### **May 14, 2000**

Fifth Street from Sycamore to Broadway was lined with more than 6,100 runners for the second edition of the Flying Pig Marathon, nearly 40 percent of whom were running in their first Marathon.

Rudolf Jun, a 28-year old native of the Czech Republic who trained in Ft. Walton Beach, Fl., led the entire race, as did the women's winner, Princeton High School graduate and Sharonville, Ohio native Rebecca Vonderhaar Gallaher. Gallaher set a new women's course record of 2:49:32 in the process.

The 2000 course changed, with the finish line moved to Sawyer Point to accommodate the crowds and the Victory Party.

Then-current Marathon world record holder Khalid Khannouchi was in town for the Marathon, but did not compete. He did, however, have these observations about the "Pig:" "The people here, the community, the volunteers and the race organizers really did a great job to have a great marathon. I think they could have a bigger and bigger marathon in the future."

### **May 6, 2001**

The Flying Pig Marathon moved from its traditional Mother's Day date for the first time in 2001, and the change seemed to suit runners, as registration started at a record pace. Nearly 1,000 runners had registered as of January 8, three times the amount during the same time the year before. Almost 70 percent of those registrations were online. Relay registration for the Marathon started January 8, and within the first 24 hours, the 100 online registration openings for the open relay were filled.

The course itself was changed again, with the start moving from Fifth to Seventh Street downtown. The eastern section of the course, along Red Bank Road, Wooster Pike, Wilmer and Kellogg avenues, was trimmed back. Instead, runners moved onto Delta Avenue and through Mt. Lookout Square. The mileage was made up with a western route along Central Parkway and Spring Grove Avenue.

On race day, the results looked a lot like the year before, as the defending champions, Rudolf Jun and Rebecca Gallaher, returned to win their second straight "Pig." Male and female winners received \$2,000 each.

### **May 5, 2002**

A cooling fog greeted nearly 7,300 runners for the fourth annual Flying Pig Marathon, which may have helped women's winner Tatyana Pozdnyakova, a Russian training in Florida, shatter the women's course record by 15 minutes, earning a \$10,000 bonus.

Even the men's winner, Cornelio Velasco, had his own unique story to tell. Velasco ran a half marathon in Indianapolis the day before, then came to Cincinnati and won his first Marathon.

Runners from 49 states and nine countries participated in the Flying Pig Marathon, an event that started along Seventh Street and ended at Yeatman's Cove after winding its way through Cincinnati streets.

### **May 4, 2003**

For the first time since the Flying Pig Marathon started, all 50 states were represented at the same time. A record 9,762 participants signed up for the weekend's Flying Pig Marathon activities, a nine percent increase from the previous year. In the open marathon, 4,610 runners participated, with 2,052 in the Ernst & Young 4-person relay, 924 in the Outback Steakhouse 2-person relay and 1,650 in the new Papa John's 10K.

Another first in 2003 was the two winners, John Aerni and Lisa Veneziano, were both from the Cincinnati area. John became the first Cincinnati-area male to win the open division of the Marathon, while Lisa's victory came in her first Pig.

As noted, 2003 also was the first year for the Papa John's 10K, won by Cameron Stuber of Chicago.

### **May 2, 2004**

For the second year in a row, the men's and women's winners of the Cincinnati Flying Pig Marathon were residents of the Queen City. Thirty-seven year-old Thomas Lentz of Clifton braved the rainy, windy conditions and a late attack of leg cramps to pull away from the field and win the men's division in 2:38:07. In the women's division, 25-year old P.J. Ball, also of Clifton, won in convincing form, with a time of 3:05:52, nearly two minutes ahead of her nearest competitor.

The 2004 edition of the Flying Pig Marathon saw the largest weekend field ever registered for the two days of events, 12,124, a more than 20 percent jump in registrations over the year before. It also was the first year that the Flying Pig Marathon charities raised more than \$1 million through the Marathon for their causes. This was the first year that the Marathon topped the million dollar mark in charitable contributions.

### **May 1, 2005**

The last time Tim Rieger ran the Cincinnati Flying Pig Marathon, in 2002, he admitted he 'bonked' at mile 22. This time, he made sure he was strong throughout the finish.

The 28-year old Rieger, of Dayton, Ohio, battled Isaac Barnes throughout most of the 26.2 miles before Rieger took the lead in the last mile and a half to win the seventh annual Cincinnati Flying Pig Marathon with a time of 2:30:24.

The former University of Cincinnati runner had run only two marathons, both of which were the Flying Pig. In the 2002 race, he finished fourth when he ran out of energy toward the end. "My goal this year was the top five," Rieger said. "I never thought I had it won until the end."

In the women's division, 22-year-old Alison Bedingfield of Groesbeck, a Cincinnati suburb, broke away from the pack to claim her first marathon win in her first ever marathon, finishing in 3:03:40.

The 2005 race also saw the first Flying Pig Half Marathon presented by National City. The men's division was won by 34-year old Jason Newport of Eaton, Ohio in a time of 1:15:38, and the women's winner was 34-year old Tanya Thatcher of Mason, Ohio, in 1:23:04. A record 13,282 registrations were received for Marathon weekend activities.

### **May 7, 2006**

Cecil Franke of Dublin, Indiana, won the Eighth Annual Cincinnati Flying Pig Marathon on Sunday in an event record time of 2:20:25 in only his second marathon. Franke, a cross country coach at Centerville High School, just outside Richmond, Indiana, shattered the previous marathon record of 2:21:15, set in 1999 by Elly Rono, as he dueled most of the way with second place finisher Chris Reis.

A record 15,756 were registered for the weekend events, including 4,919 in the full marathon, 4,937 in the half marathon presented by National City, 200 in the Corporate Express corporate relay and 1,892 in the Ernst & Young open relay. In the Saturday events, 973 competed in the Toyota 10K, won by T.J. Lentz and Kerry Lee, 1,405 in the 5K and 585 in the Piglet Fun Run. Forty-eight states and fifteen countries, including the United States, were represented in the field.

In the women's division, 36-year old Norah Shire of Hyde Park easily won in a time of 2:56:19. "It's a fantastic marathon, a great course," said the Washington, D.C., native, who is now living in Cincinnati, finishing her Ph.D. in viral epidemiology at the University of Cincinnati. When you go through the neighborhoods, it's so much fun. It's such a popular race—I mean, it's called the Flying Pig."

Shire, who had run the Heart Mini-Marathon and marathons in Columbus and Boston, had only run the two-person relay in the "Pig" before winning the full marathon. "I had an injured male teammate (from the Earth Drummers running club) pace me through mile 15. After that, I was pretty much by myself."

Second in the women's division was 22-year-old Lindsey Yourman of New York, in a time of 2:59:32 in her first marathon. "I went out with the 3:30 group, and I couldn't believe how fast I was going," she said.

Third was 33-year old Betsy Armentrout of Winston Salem, North Carolina, who finished in 3:01:40. This is the third "Pig" for the pediatrician, with fifth being her best previous finish. "It was exciting, I had a great day," said Armentrout, who lived in Cincinnati for four years, while she did her residency at Children's Hospital Medical Center.

In the Flying Pig Half Marathon presented by National City, 26-year old Tilahun Abebe of Western Hills, a naïve of Ethiopia, won the men's division in a time of 1:14:07 after getting off work at midnight and getting little or no sleep before the race. He worked the second shift at the parking garage at Tower Place, one of two jobs he holds, then was at the starting line at 6 a.m.

Tanya Thatcher, 35, from Mason, Ohio, defended her title as the women's division half marathon winner, finishing in 1:23:18. "There was a little more pressure because of winning the year before," she said. "I led through four miles, then I hung back until mile nine, then I took the lead again. The downhill stretched pushed me home."

### **May 6, 2007**

The sixth time was the charm for the 2007 winner of the Cincinnati Flying Pig Marathon's ninth annual running. Isaac Barnes of Williamsport, Ohio, a six-time entrant in the Flying Pig Marathon, beat a record field to take the 2007 Marathon title in a time of 2:33:36.

The 31-year old Barnes finished second in the Flying Pig Marathon three times, in 2005, 2002 and 2000. He was sixth last year and third in 2001.

"At mile 21 all I could think of was 'Brother, don't blow this now,'" said Barnes. "At mile 24 it just felt great to know that I finally could get a victory here."

Second in the men's division with a time of 2:34:53 was Kevin Alessandro, 27, a Northern Kentucky native now living in Louisville. Alessandro had the lead for much of the beginning of the marathon, until mile 16. "My right hamstring started tightening up at 16, and at mile 17, Isaac just took off."

Third was 39-year old Jim Beyer from Dayton, OH, in 2:35:22, running his first Flying Pig and just his second marathon.

For Barnes, who has run 25 marathons and has one previous win, in Pennsylvania, the victory at the Pig was a sweet reward. "It just feels great. I've run marathons before when I started strong and ran out of gas at the end. But today I was running with Kevin at a pace I was comfortable with."

In the women's division, Leah Peelman, 23, of Kennedy Heights, the defending champion of this spring's Heart Mini-Marathon, won the Flying Pig Marathon at her first try in 2:55:53. "I had wanted to run the Flying Pig before but was always busy with school," said Peelman, a graduate of Hanover College who will go to graduate school in the fall.

Second was 36-year old Tanya Thatcher of Mason, a two-time winner of the Flying Pig Half Marathon presented by National City, in 3:03:40. Thatcher had the lead for most of the race until mile 21, when Peelman overtook her. "I really felt good," said Thatcher, "and I don't think I would have gone out any differently. Something happened between 19 and 20 when I got really disoriented and dizzy. I don't remember anything from about mile 20 in."

Even though she took ill, Thatcher still turned in a personal best time. "I knew she (Peelman) was back there the whole time. She ran a very smart race," said Thatcher. "That's the thing about the marathon, it's very humbling. I've run 13 full marathons before this, and I've never had something like that that happen before."

"It's a little mentally defeating to come from behind," said Peelman, who trailed Thatcher early in the race by as much as 40 seconds. "I just tried to close the gap a little at a time. It took about five miles to do it."

Third was Leslie Kramer, 29, of Slippery Rock, PA, in 3:05:06, her second straight personal best at the Flying Pig, and her 10<sup>th</sup> marathon. "My daughter loves Cincinnati, so we've made a vacation of it the last two years," said Kramer.

In the Half Marathon presented by National City, Flying Pig veteran T.J. Lentz, 40, led the men's field in a time of 1:10:02. This is Lentz's third Flying Pig title, as he won the 2004 Flying Pig Marathon and the Toyota 10K last year. "This is the first time I've run the half," said Lentz. "I hadn't trained for a longer race, but I always want to take part in Marathon weekend because it's just a great hometown event."

Second in the men's half division was 28-year old Mike Griewe of Cincinnati, who ran for, and graduated from, the University of Notre Dame in 2000. He and Lentz had a battle for the lead until mile 10. "He (Griewe) pushed me from the beginning," said Lentz. "We were shoulder to shoulder until we started down Gilbert. I like to run downhill, so I tried to get a gap between us there." Griewe finished the course in 1:10:36. Third was last year's event winner, 27-year old Tilahun Abebe from Independence, KY, in a time of 1:13:40.

In the women's half marathon division, 38-year old Larisa Mikhailova of Moscow, Russia, broke away from the pack at mile three and was never challenged, winning in a time of

1:23:15. Her running manager is Tatyana Pozdnyakova, who won the Flying Pig Marathon in 2002 in a still-record time for women of 2:34:35.

Second among women was Rachel Stoehr, 25, of Erlanger, in 1:24:36, who was taking part in her first half marathon. "I love the atmosphere," said Stoehr. "You can't be a runner in Cincinnati and not run the Flying Pig." Third was 19-year old Katie Lewnard, a freshman at the University of Cincinnati and a graduate of Mother of Mercy High School, where she ran track and cross country. She finished the course in 1:26:45.

Winning the wheelchair division was Mike Savicki of Cornelius, North Carolina, in 3:14:55, his 52<sup>nd</sup> marathon and 13<sup>th</sup> marathon victory.

A record number of registrations highlighted the Ninth Annual Cincinnati Flying Pig Marathon, with a total of 18,192 entrants for the weekend events. Included in the total are 4,735 in the full marathon, 6,324 in the Half Marathon presented by National City, and 2,552 in the Ernst & Young 4-person relay.

**May 4, 2008**

### **RECORD CROWD MARKS 10<sup>TH</sup> FLYING PIG MARATHON**

**CINCINNATI** (May 4, 2008) –The largest field in Cincinnati Flying Pig Marathon history saw 33-year-old Andy Martin of Bend, Oregon, take the men's overall marathon title at the 10<sup>th</sup> anniversary running of the Marathon on Sunday, May 4<sup>th</sup>.

A record weekend field of 22,149, including 16,406 participants in the Sunday events, highlighted the celebration of the 10<sup>th</sup> Cincinnati Flying Pig Marathon weekend, May 2-4. That is up from the 2007 numbers of 18,192, a then-record total.

Second in the men's field was 24-year old Brian List, of Milford, Ohio, who finished in a time of 2:33:33. List is the reigning champion of Cincinnati's Heart Mini-Marathon. Third was 26-year-old Travis Murray of Owensville, Ohio, finishing with a time of 2:34:34 in his first-ever marathon.

For Martin, who won in a time of 2:30:40, the Flying Pig Marathon was his fifth marathon victory, his most recent coming last weekend at Big Sur International in California. Why did he come to the "Pig?" "It's a famous marathon," he said. "I wanted to see what it was about."

Martin had a competitive battle with List through the first half of the marathon. "I was getting him on the hills, and he would get me coming down," said Martin. "I was able to break away finally in about the 14<sup>th</sup> mile."

Winning the women's division was 39-year-old Michelle Didion of LaPorte, Indiana, in a time of 3:05:18. The mother of four from ages 14 to 7 had run the Flying Pig Half Marathon presented by National City and the Toyota 10K in past years before taking on the Marathon this year.

"I loved it," she said. "I felt like a rock star all the way through. Not every race gives the women their own pace car and their own escorts. It was a wonderful race."

Second in the women's division was 31-year-old Julie Spencer of Baraboo, Wisconsin, in 3:06:32. The decision to do the "Pig" was a last-minute one for this veteran of more than a dozen marathons. "A friend of mine and I just decided to do it a couple of weeks ago," she said. "I've always wanted to do the 'Pig.'"

Third was 26-year-old Jen Gapin of Greensboro, North Carolina, who turned in her personal best time of 3:07:43 in her fifth marathon. "A friend of mind recommended this event," she said. "It was fun, great crowd support and was well organized."

## **2009 WEEKEND WRAPUP**

### **RECORD WEEKEND FOR FLYING PIG MARATHON POWERED BY P&G Reyes, Ray Take Marathon Titles**

CINCINNATI (May 3, 2009) –A record Sunday field of more than 16,000 saw Flying Pig newcomers Sergio Reyes and Autumn Ray take the men's and women's marathon titles on a fast track in the 11<sup>th</sup> annual running of the Flying Pig Marathon Powered by P&G.

Reyes, 27, of Palmdale, California, won the race in a near record time of 2:20:37, just 12 seconds off the event record of 2:20:25 set in 2006 by Cecil Franke.

"This is one of the most scenic races I've ever done," said Reyes, who runs for the Asics-sponsored Aggies running club. "The views were truly awesome and the weather was just about perfect."

Second in the men's division was Tim Parr, 27, of Gunnison, Colorado, in a time of 2:28:32 and third was 29-year-old Adam Thomas of West Chester, Ohio, in 2:31:25.

"The course was fantastic," said Parr, who came in sixth in last year's Flying Pig Marathon. Parr ran most of the course with college teammate Travis Murray, who finished fifth and with whom Parr trained at Western State College of Colorado. "Travis and I stayed together until mile 17, and after that I wanted to pick up the pace."

Thomas was trailing the lead pack until he passed eventual fourth place finisher Grant Scott with about two miles to go, to claim third place. "Weather was perfect," said Thomas. "No wind, the rain stopped and it was nice and cool."

It was Thomas's third overall marathon and first "Pig," after leaving home to attend college at the University of Iowa. "I moved back home this year and I wanted to run here to thank everyone who has supported me in my running career since junior high—my parents, sister, girlfriend, this was my chance to give back."

On the women's side, Autumn Ray, 29, from Galveston, Texas, claimed first place in her first "Pig" in 2:52:23. "I felt good going into this event, I felt very comfortable," she said. "It was one of those runs where the energy was flowing."

It was the fourth career marathon win for Ray, who squeezed the "Pig" in, during a rare weekend break from medical school at the University of Texas-Galveston. "I finished pediatrics on Friday and I start surgery on Monday. I had a weekend off, so I looked for a marathon that would be held this weekend, and I found the Flying Pig. It looked like fun, so I signed up."

Second in the women's division was a familiar face in Cincinnati-area running, Tanya Thatcher, 38, of Mason, Ohio, in a time of 2:59:31. She won the PNC Half Marathon in 2006 and finished the Columbus marathon last year in a time of 2:56:33.

"This was a run that was mind over matter," said Thatcher. "I'm coming off Achilles tendonitis in February, and I have bursitis in my right hip, then last year I tore an Achilles tendon. My finish in Columbus gave me the confidence to come back to the "Pig" because this is home."

Third in the women's division was 33-year-old Mindy Leisure of Kettering, Ohio, coming in at 2:59:42 in her first ever marathon. "It was a challenging course, but I really liked it," she said. "The crowd was great." Mindy ran the PNC Half Marathon here last year and is a two-time winner of the Air Force Half Marathon.

In the PNC Half Marathon, veteran Cincinnati runner Chris Reis and Dayton native Nicole LaSelle claimed the titles in the men's and women's divisions respectively.

The 27-year-old Reis, the winner of the 2009 Heart Mini Marathon, placed second in the full Marathon in 2006. He finished in a time of 1:09:09. Second among men is former Marathon and PNC Half Marathon winner, T.J. Lentz, 42, with a time of 1:11:17.

Third is 23-year-old Keegan Rathkamp in a time of 1:12:07.

"I train on these roads all the time," said Reis, who works for Bob Roncker's Running Spot in Cincinnati. "During Marathon week we're so busy at the store and at the Expo, it's hard to prepare properly, but it went well. I liked the downhill at the end."

For Nicole LaSelle, 31, of Kent, Ohio, it was her second time in the PNC Half Marathon, having run the event three years ago. "It was amazing out there," said LaSelle, who is finishing up her PhD in counseling. "The spectators are unbelievable." LaSelle won in a time of 1:21:52.

Second in the women's division was the only two-time female winner of the Flying Pig Marathon, Rebecca Gallaher, who returned to the Pig for the first time since her back-to-back wins in 2000 and 2001. "I have four kids now, so that limits my training time," said Gallaher, who finished in 1:22:45. "But there was great support on the course."

Third in the women's division was 22-year-old Leslie Kraus with a time of 1:25:22.

A record Sunday field of 16,762 started at 6:30 a.m. under cloudy skies and a slight drizzle, and a temperature of 54 degrees. Sunday's field included a full marathon total of 4,891 participants, 9,203 for the PNC Half and 2,668 in the City Dash 4-person relay and Corporate Challenge relay sponsored by the Business Courier and McGowan Brabender.

Sunday's Flying Pig Marathon powered by P&G caps a weekend that saw a record 22,285 register for events, including 1,572 for the Toyota 10K, 1,926, an event record, for the Fleet Feet Sports 5K, 489 for the Piglet Fun Run and 1,536 for the Kids Marathon presented by Ernst & Young.

Saturday winners included, in the Toyota 10K, 23-year-old Nazar Trilisky of Cincinnati in the men's division in a time of 33:30 and 25-year-old Karen Berling of Cincinnati in 39:11. In the Fleet Feet Sports 5K, 35-year-old Jeff Hojnacki of Chicago won the men's division in 16:22 and Kerry Bogner, 26, of Cincinnati, won the women's division in 18:58.

###

## GROWTH OF THE MARATHON/HALF MARATHON FIELD SINCE 1999

YEAR	ENTRANTS	% GROWTH
1999	6,200	
2000	6,157	-.6
2001	6,553	+15.5
2002	7,226	+16.5
2003	7,609	+18.8
2004	8,984	+9.5
2005*	10,409	+15.9
2006	11,948	+11.1
2007	13,611	+12.2
2008	16,406	+7.76
2009	16,762	+2.1

\*First year of Flying Pig Half Marathon presented by National City

## RACE DAY WEATHER CONDITIONS

6 A.M. TEMP °F	NOON TEMP °F	AVERAGE TEMP °F	RACE DATE
55	62	59	May 3, 2009
37	64	52	May 4, 2008
36	60	44	May 6, 2007
35	58	46	May 7, 2006
32	56	44	May 1, 2005
37	38	37	May 2, 2004
43	55	49	May 4, 2003
43	64	54	May 5, 2002
63	73	68	May 6, 2001
64	68	66	May 14, 2000
52	66	59	May 9, 1999

## RACE DAY TEMPERATURE EXTREMES

Average Temperature for May	61.7	
Lowest Race Day Temperature (start)	32	(2005)
Highest Race Day Temperature(start)	64	(2000)
Average rainfall (May)	3.9 inches	
Average Humidity (May)	78% (a.m.)	55% (p.m.)
May has an average of 6 clear days, 9 partly cloudy days, & 16 cloudy days		

## LAST TIME FOR RACE DAY

<b>Snow</b>	None	
<b>Rain</b>	Showers	May 2, 2004
<b>Drizzle</b>		May 3, 2009
<b>Strong Winds</b>	None	
<b>Unseasonable Heat</b>	73°	May 6, 2001
<b>Unseasonable Cold</b>	32°	May 1, 2005
<b>Fog</b>		May 5, 2002

## 2010 MARATHON STREET-BY-STREET (see the map on [www.flyingpigmarthon.com](http://www.flyingpigmarthon.com))

**Course Description:** updated 01/14/10

RSO - means use right side only as runners flow around the course.

SS means all south side lanes, etc

ALL means all of street

- Start west of Elm on Mehring Way - ALL
- East on Mehring Way - ALL
- North on Main Street - ALL
- East on Third Street - ALL
- South on Broadway - ALL
- Continue straight onto Taylor-Southgate Bridge into Newport - ALL
- Go straight onto York into Newport - ALL
- East on 4th Street - ALL
- 5th Street runs onto the Licking River Bridge - All
- Continue on 4th Street into Covington - ALL
- North on Clay Wade Bailey Bridge towards Cincinnati - ALL
- Left on Third Street in Cincinnati - ALL
- Third Street becomes Linn St. at Gest St. - ALL
- Continue on Linn Street - ALL
- Right on 8th Street - ALL
- Take the 7th Street Exit - ALL
- Continue on 7th Street - ALL
- At the end of 7th Street go straight onto the Gilbert Ave. ramp - ALL
- Continue on Gilbert - ALL
- Right on Eden Park Drive - ALL
- Take left fork at Mirror Lake - ALL
- Follow Eden Park Drive around Mirror Lake - Eden Park Drive makes a right turn at the Gazebo and follows past the Krohn Conservatory - ALL
- Right on Lakes Dr. into Eden Park Overlook - ALL
- Right coming out of Lakes Dr. (Eden Park Overlook) back onto Eden Park Drive - ALL
- Eden Park Drive becomes Victory Parkway as it makes a right turn - RSO
- Follow Victory Parkway - RSO
- Right on McMillan - ALL
- Left on Woodburn - ALL - at William Howard Taft - RSO
- Right on Madison - RSO
- Right on Erie - RSO
- Left on Paxton - RSO
- Paxton turns right where it dead ends - RSO
- Quick right on Wasson - ALL
- Right on Marburg - RSO
- Left on Erie - RSO
- Continue on Erie over top of Red Bank Rd. - RSO
- Right on Bramble - RSO
- Right on Settle into Mariemont - ALL
- Left on Murray eastbound on north side of street - ALL
- Murray continues straight at Plainville - ALL
- Right on Berwick/West - ALL
- Left on Thorndike - ALL
- Right on East Street, Right on Miami - RSO
- Right on Wooster - (ONE LANE) RSO
- Right on Madisonville - RSO
- Madisonville becomes Murray (go straight into it) - ALL
- Follow south side of Murray - ALL
- At Murray and Settle angle over to the walk path using the grass for a short distance, Follow the Walk Path to Watterson into Fairfax
- Left on Watterson - All

- Right on Elder - ALL
- Left on Southern - ALL
- Right on Wooster - RSO (ONE LANE)
- Wooster becomes Columbia Parkway - RS
- Proceed on north side of Columbia Parkway - NS - one lane and berm, Take Eastern Ave. Exit - ALL
- Continue on Eastern Ave. - NS
- Left on Stanley - WS
- Right on Kellogg - SS
- Kellogg becomes Riverside Dr. - SS
- Riverside Dr. becomes Pete Rose Way at Eggleston - follow Pete Rose Way- SS to Finish at US Bank Arena.

### **FOLLOW THE NUMBERS (AND THE COLORS)**

What different bib colors and number sequences signify:

Full Marathon	White	1-7500
<i>Runner's World</i> Marathon	Light Blue	7501-7999
Half Marathon	Green	10000-22499
<i>Runner's World</i> ½ Marathon	Light Blue	22500-22999
Wheelchairs	White	9990-9999
4-person relay (includes Corporate)	Hot Yellow	8000-9799
Toyota 10K	Red	23000-25999
Fleet Feet Sports 5K	Blue	26000-30999
Piglet	White	34000-35000
Ernst & Young Kids' 1 Mile	White	31000-33999

## **Flying Pig Half Marathon (map at [www.flyingpigmarathon.com](http://www.flyingpigmarathon.com))**

### **Course Description**

RSO - means use right side only as runners flow around the course.

SS means all southside lanes etc.

ALL means all of street.

- Start west of Elm on Mehring Way - ALL
- East on Mehring Way - ALL
- North on Main Street - ALL
- East on Third Street - ALL
- South on Broadway - ALL
- Continue straight onto Taylor-Southgate Bridge into Newport - ALL
- Go straight onto York into Newport -ALL
- West on 4th Street - ALL
- 4th Street runs onto the Licking River Bridge - All
- Continue on 4th Street into Covington - ALL
- North on Clay Wade Bailey Bridge towards Cincinnati- ALL
- Left on Third Street in Cincinnati - ALL
- Third Street becomes Linn St. at Gest St. - ALL
- Continue on Linn Street - ALL
- Right on 8th Street - ALL
- Take the 7th Street Exit - ALL
- Continue on 7th Street - ALL
- At the end of 7th Street go straight onto the Gilbert Ave. ramp - ALL
- Continue on Gilbert - ALL
- Right on Eden Park Drive - ALL
- Take left fork at Mirror Lake - ALL
- Follow Eden Park Drive around Mirror Lake - Eden Park Drive makes a right turn at the Gazebo and follows past the Krohn Conservatory - ALL
- Right on Lakes Dr. into Eden Park Overlook - ALL
- Right coming out of Lakes Dr. (Eden Park Overlook) back onto Eden Park Drive - ALL
- Eden Park Drive becomes Victory Parkway as it makes a right turn - RSO
- Follow Victory Parkway - RSO
- Right on McMillan - ALL
- Left on Woodburn - ALL - at William Howard Taft - RSO
- Left on Madison -WS
- Madison becomes Martin Luther King WS
- Left on Gilbert - ES
- Left on Sinton Ave.
- Right on Nassau St.
- Left back onto Gilbert
- At Eden Park Drive switch to WS
- Right on Elsinore - ALL
- Left on Reading -ES
- Reading becomes Central Parkway at Short Reading - ALL
- Turn around on Central Parkway at the Walnut St. intersection - ALL
- Return going east on south side of Central Parkway ALL
- Right on Eggleston - WS
- Right on Pete Rose Way- SS to Finish at US Bank Arena.

## 2010 MARATHON KEY VIEWING AREAS

The **start at Paul Brown Stadium** offers viewing on the stadium concourse as well as ground level. The start also offers a scenic view along the Ohio River as the sun rises on race morning. Walk up Central north of the Stadium and see the runners come by again, then walk east to the foot of the Taylor-Southgate Bridge for another great viewing spot.

**Eden Park** has a number of convenient viewing areas where spectators can park and walk a short distance to several spots along the course. At the Eden Park gazebo, runners start their quest to the Overlook area, where runners and spectators alike enjoy a panoramic view of the river and downtown Cincinnati.

Madison Road in **O'Bryonville** is a convenient drive from Eden Park and again offers street parking for anyone looking to cheer their favorite runners. Neighbors come out early in the race to line the sidewalks.

Come to **Hyde Park Square** if you want to party! Bring your firepans, noisemakers and party hats to encourage the runners. Hyde Park is famous for his spectator areas so join the residents and celebrate the Pig.

You'd be hard pressed to find a more scenic neighborhood along the course than **Mariemont**. This quaint village offers tree-lined streets and a village square that will serve as a great place to get a glimpse of the runners as the route loops around to head back downtown.

The **Finish Line** will be the final destination for most spectators, as well as runners. There is plenty of room along the Finish Line area on the north side of U.S. Bank Arena. Spectators can get a bird's eye view of the action on the Arena concourses or take advantage of bleachers.

The **Victory Party** area at Yeatman's Cove will be rockin' with music and refreshments after the race. Join us and congratulate the runners at the larger-than-ever celebration.

And remember, there is entertainment every mile (and more) along the course, where spectators are invited to gather during the race.

## **HOW TO BE A GREAT SPECTATOR**

- Make noise to encourage the runners: Cheer, clap, play music or make your own music.
- Identify with the runners, they are completing a very difficult task. Praise the runners individually. (Ex: "Go number one! You're doing great!") Many runners put their names on their shirts. He or she will truly appreciate it.
- Stay positive in your cheering. (No 'boos,' please!)
- Locate your cheering section on a hill or more challenging portion of the course. These are the places that the runners will need the most encouragement.
- Make distinctive signs and move to different locations throughout the course. Believe it or not, runners will remember you and it will encourage them to keep going.
- Do something to make runners smile. Laugh, sing, dance or do tricks such as juggling. It may put the runners at ease for a few moments.
- Have a party with friends and/or neighbors if the course travels past your area.

### **Other tips to keep in mind:**

- Prepare for the weather. It may be cool in the morning but warm up by noon. You want to be sure to be able to stay to cheer on the runners in the back of the pack as well.
- If you see a runner who appears to need some help or medical attention, please try to remember his or her race number and inform a course monitor or fluid station volunteer. If the runner's injury looks serious, please try to find a police officer on the course.
- Please do not crowd the runners by standing in the street, especially in the earlier miles. This may cause a back up for the runners and make the marathon more difficult.
- If a runner does not smile back or talk to you, please do not take this personally. The runner may be deep in concentration, fatigued or in pain. Lack of response is usually not for lack of appreciation.
- There is plenty of water on the course at the fluid stations, but if it is a warm day, a runner may ask to be sprayed down with a hose. However, be certain that he or she is asking to get wet before spraying them.
- Keep in mind that the runners in the back of the pack need the most encouragement, as they will be out there the longest. Be sure to cheer for them as well!

## **2010 MARATHON NEIGHBORHOODS AND LANDMARKS**

### **AREA NAME:**

The Cincinnati-Northern Kentucky Riverfront

### **FEATURED LANDMARKS:**

Paul Brown Stadium, home of the Cincinnati Bengals; Great American Ball Park, home of the Cincinnati Reds; runners also will glimpse the Newport Aquarium and Newport on the Levee entertainment area as they head through Northern Kentucky and eventually return to Downtown Cincinnati

### **AREA NAME:**

Eden Park

### **FEATURED LANDMARKS:**

Eden Park Gazebo, Reflecting Pool, Cincinnati Art Museum, Krohn Conservatory and the Overlook Area keep runners' minds off the miles ahead

### **AREA NAME:**

East Walnut Hills

### **FEATURED LANDMARKS:**

Enjoy the turn-of-the-century neighborhoods and restored homes as the runners continue east

### **AREA NAME:**

O'Bryonville

### **FEATURED LANDMARKS:**

Keep an eye out for the residents at St. Margaret Hall on Madison Road. They're always out on Marathon morning cheering on the runners

### **AREA NAME:**

Hyde Park

### **FEATURED LANDMARKS:**

The block-long Hyde Park Square is one of the best places to watch the Marathon. Its grassy park area that divides the street gives spectators an up-close view of the race

### **AREA NAME:**

Mariemont

### **FEATURED LANDMARKS:**

Incorporated in 1941, Mariemont still has the charm of a small village. Runners will loop around Mariemont Square at the easternmost point of their run, and will head back west toward Downtown Cincinnati

### **AREA NAME:**

Fairfax

### **FEATURED LANDMARKS:**

Look to your right when you head out of Fairfax and you'll see one of the most notable landmarks on the East side: The Frisch's Mainliner restaurant with its metal airplane, complete with propellers that spin. The Mainliner is a nod to nearby Lunken Airport, which in 2003 celebrated its 75<sup>th</sup> anniversary

**AREA NAME:**

Columbia-Tusculum

**FEATURED LANDMARKS**

This is one of the renovation success stories among Cincinnati's neighborhoods, as homeowners over the last decade have taken the area's Victorian river homes and have renovated them into modern-day showcases

**AREA NAME:**

East End/Riverside Drive

**FEATURED LANDMARKS**

One of the oldest neighborhoods in Cincinnati still shows signs of its industrial past. The Ohio River comes back into view as runners hit the longest straightaway of the course and take in the new condo and housing developments that line the street heading back into the downtown area

**AREA NAME:**

Downtown Cincinnati

**FEATURED LANDMARKS**

As they return downtown, runners will end along the north side of the US Bank Arena, the site for a variety of athletic and musical events, then will walk to the park-like riverfront area at Yeatman's Cove for the Victory Party

## MARATHON PACE CHART

	Wheelchair	1st Mara Runner	Mid-pack Mar	1st Half Runner	Mid-pack Half	Close of Half	Close of Mara
	4:40 pace	5:20 pace	9:00 pace	5:20 pace	9:00 pace	20:00 pace	16:00 pace
	time/6:25 start	time/6:30 start	time/6:30 start	time/6:30 start	time/6:30 start	time/6:30 start	time/6:30 start
Mile 1	6:34:40	6:35:20	6:39:00	6:35:20	6:39:00	6:50:00	6:46:00
Mile 2	6:39:20	6:40:40	6:48:00	6:40:40	6:48:00	7:10:00	7:02:00
Mile 3	6:44:00	6:46:00	6:57:00	6:46:00	6:57:00	7:30:00	7:18:00
Mile 4	6:48:40	6:51:20	7:06:00	6:51:20	7:06:00	7:50:00	7:34:00
Mile 5	6:53:20	6:56:40	7:15:00	6:56:40	7:15:00	8:10:00	7:50:00
Mile 6	6:58:00	7:02:00	7:24:00	7:02:00	7:24:00	8:30:00	8:06:00
Mile 7	7:02:40	7:07:20	7:33:00	7:07:20	7:33:00	8:50:00	8:22:00
Mile 8	7:07:20	7:12:40	7:42:00	7:12:40	7:42:00	9:10:00	8:38:00
Mile 9	7:12:00	7:18:00	7:51:00	7:18:00	7:51:00	9:30:00	8:54:00
Mile 10	7:16:40	7:23:20	8:00:00	7:23:20	8:00:00	9:50:00	9:10:00
Mile 11	7:21:20	7:28:40	8:09:00	7:28:40	8:09:00	10:10:00	9:26:00
Mile 12	7:26:00	7:34:00	8:18:00	7:34:00	8:18:00	10:30:00	9:42:00
Mile 13	7:30:40	7:39:20	8:27:00	7:39:20	8:27:00	10:50:00	9:58:00
Mile 14	7:35:20	7:44:40	8:36:00				10:14:00
Mile 15	7:40:00	7:50:00	8:45:00				10:30:00
Mile 16	7:44:40	7:55:20	8:54:00				10:46:00
Mile 17	7:49:20	8:00:40	9:03:00				11:02:00
Mile 18	7:54:00	8:06:00	9:12:00				11:18:00
Mile 19	7:58:40	8:11:20	9:21:00				11:34:00
Mile 20	8:03:20	8:16:40	9:30:00				11:50:00
Mile 21	8:08:00	8:22:00	9:39:00				12:06:00
Mile 22	8:12:40	8:27:20	9:48:00				12:22:00
Mile 23	8:17:20	8:32:40	9:57:00				12:38:00
Mile 24	8:22:00	8:38:00	10:06:00				12:54:00
Mile 25	8:26:40	8:43:20	10:15:00				1:10:00
Mile 26	8:31:20	8:48:40	10:24:00				1:26:00
Finish	8:32:21	8:49:50	10:25:20	7:39:55	8:27:54	10:52:00	1:30:00

## **FLYING PIG TOYOTA 10K (see the map at [www.flyingpigmarathon.com](http://www.flyingpigmarathon.com))**

**10K course** 8 a.m. start on Saturday, May 1, 2010.

### **Toyota 10K Course Description**

Start in the middle of the intersection of Main and Second heading north  
Right (east) on 3<sup>rd</sup> St.  
Right (south) on Broadway  
Continue over Taylor Southgate Bridge  
Left (east) 3<sup>rd</sup>  
Left (north) on Washington  
Right (east) on Dave Cowens  
Left (north) onto Park  
Left (west) on Riverboat Row  
Left (north) on Columbia  
Right (west) on 4<sup>th</sup> - cross Licking River, continue on 4th in Covington  
Right (north) on Clay Wade Bailey Bridge  
Right (east) on 2nd St.  
Left (north) on Main  
Right (east) on 3<sup>rd</sup>  
Left (north) on Broadway  
Right (east) on E. 4<sup>th</sup>  
Right (south) on Pike St.  
Left (east) on E. Third St.  
Left (north) on Butler St.  
Slight Left (merge) (north) on Culvert  
Right (east) on Reedy  
Right (south) on Eggleston  
Right (west) on E. Pete Rose Way to finish

## **FLEET FEET SPORTS 5K (see the map at [www.flyingpigmarathon.com](http://www.flyingpigmarathon.com))**

### **Fleet Feet Sports 5K Course Description**

Start on 2<sup>nd</sup> Street just west of Joe Nuxhall Way heading west  
Right on Clay Wade Bailey Bridge  
Right on 3<sup>rd</sup> St.  
Left (north) on Broadway  
Right (east) on E. 4<sup>th</sup>  
Right (south) on Pike St.  
Left (east) on E. Third St.  
Left (north) on Butler St.  
Slight Left (merge) (north) on Culvert  
Right (east) on Reedy  
Right (south) on Eggleston  
Right (west) on E. Pete Rose Way to finish

## 2010 Flying Pig Marathon News Releases



**It's time to start training for the 2010 Flying Pig Marathon  
12<sup>th</sup> Annual Race Weekend Set for April 30-May 2, 2010**

CINCINNATI (December 17, 2009) – 'Tis the season not only for the holidays, but to plan your training for the 12<sup>th</sup> annual Cincinnati Flying Pig Marathon powered by P&G. And now is the time to get the best deal, with registration increasing after the first of the year.

"We're looking at another record field for the 2010 events," said Iris Simpson-Bush, executive director. "And with more events than ever before, there is something for everyone, from the Diaper Dash to the full marathon."

Added this year is the Paycor Corporate Challenge, encouraging companies throughout Greater Cincinnati to form running teams, get healthy for 2010 and challenge other firms to compete. In addition, a portion of the entry fee for the Paycor Corporate Challenge will go to a charity designated by the team.

For many of those planning to run or walk the marathon, training begins just before the first of the year. Training programs are available for the various events on line at [www.flyingpigmarathon.com](http://www.flyingpigmarathon.com).

The 12<sup>th</sup> annual Cincinnati Flying Pig Marathon weekend powered by P&G will be April 30-May 2. Follow the latest information for Marathon weekend on Twitter @runflyingpig and be a Facebook fan at Flying Pig Marathon.

-30-

For interviews with Iris Simpson-Bush, executive director of the Flying Pig Marathon powered by P&G and Bob Coughlin, Marathon founder and board member, contact Jackie Reau/Betsy Ross at Game Day Communications, 513-929-4263

## **Paycor Presenting Sponsor For Paycor Corporate Challenge**

As we gear up for the 12<sup>th</sup> annual Cincinnati Flying Pig Marathon powered by P&G, we are proud to unveil a new opportunity for corporations to get involved in Pig weekend and help our charities at the same time.

The Paycor Corporate Relay features relay teams of four entrants who will challenge companies from their city, their field or even their neighborhood for the best finish time for the marathon. But what's new this year is that half of the team's \$500 entry fee will go either to the Flying Pig Charities, or to a charity designated by that team.

We feel this is a 'win win' for companies who have the opportunity to build camaraderie and promote healthy activity within your ranks, while at the same time earning money for charities throughout Greater Cincinnati. At the same time, employees who may not want to run or walk still have the chance to get involved in "Pig" weekend by volunteering for the weekend activities, or coming down to cheer on fellow co-workers as they tackle the Paycor Corporate Relay.

City Dash, Paycor, P&G and the Business Courier are just a few of the corporations already signed up for the Paycor Corporate Relay, and we hope you will join them in making the 12<sup>th</sup> annual Cincinnati Flying Pig Marathon powered by P&G the most successful ever. Our goal is to raise \$1 million again for Flying Pig charities, and with your help we can do it. To register your team, visit [www.flyingpigmarathon.com](http://www.flyingpigmarathon.com) or call the Flying Pig office at 513-721-PIGS for more information. We're looking forward to seeing you there.

## **Flying Pig, Bob Roncker's Join in Haiti Relief Effort**

**Cincinnati** (January 22, 2010) – The Flying Pig Marathon powered by P&G is partnering with Bob Roncker's Running Spot to ask runners and walkers in the Greater Cincinnati area to pitch in toward the relief effort in earthquake-stricken Haiti. Beginning Saturday, January 23, through Saturday, January 30, donations will be accepted at the Bob Roncker's Running Spot stores in Glendale, O'Bryonville, Loveland and Newport and taken to Matthew 25 Ministries for distribution in Haiti.

"We know that the running community in Greater Cincinnati is incredibly generous," said Iris Simpson-Bush, Marathon executive director. "This is a time that we all need to contribute, and we know that our runners and walkers will answer our call to help."

Donations that are critically needed include non-perishable food items, cleaning supplies, hygiene products, first aid supplies and bottled water. Cash donations also are being accepted, with checks made out to Matthew 25 Ministries. All donations will be picked up by City Dash trucks and taken to Matthew 25 for shipment.

Those training for Flying Pig events, or running for the fun of it, also can participate by completing virtual "Help for Haiti" pledge runs and making a donation for each completed training run or walk over the two weekends. Donations go to Matthew 25 and can be sent to the Flying Pig Marathon office, 644 Linn Street, Suite 626, Cincinnati, OH, 45203.

"It's a time for the running community to come together to help the Haitian community," said Bob Roncker. "Whether it's a check or supplies, all donations are welcome and we are glad to partner with the Flying Pig on this important effort."

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The 12<sup>th</sup> annual Cincinnati Flying Pig Marathon weekend powered by P&G will be April 30-May 2, 2010. Follow the Marathon on Twitter at [www.twitter.com/runflyingpig](http://www.twitter.com/runflyingpig) and become a fan on Facebook at Flying Pig Marathon.

## **FLYING PIG KIDS MARATHON AIMS TO KEEP YOUNGSTERS HEALTHY**

**CINCINNATI** (February 1, 2010) – The Cincinnati Flying Pig Marathon again is partnering with the Nutrition Council and The Public Library of Cincinnati and Hamilton County to help youngsters “Be Smart, Eat Well and Move More” through the Kids Marathon, sponsored by Ernst & Young.

“This is a fun way for school children, their teachers and parents to get involved in the ‘Pig’ and develop healthy habits at the same time,” said Iris Simpson-Bush, marathon executive director. “And we hope it develops a love of running and activity for a new generation of Greater Cincinnatians.”

The Kids Marathon allows youngsters to finish the 26.2 miles of a marathon in incremental steps, a half mile or mile at a time during the school year. The final mile of the ‘course’ will be run on the actual Marathon course on Saturday, May 2, during Flying Pig Marathon weekend.

During the school year, youngsters mark their distances on the Kids Marathon “Hog Log” which is available in the Kids Marathon section of the Flying Pig Marathon website, [www.flyingpigmarathon.com](http://www.flyingpigmarathon.com). Participants also mark down their reading progress and their healthy eating habits on the “Hog Log”

To learn more about healthy nutrition choices and to receive The Nutrition Council's e-news go to [www.nutritioncouncil.org](http://www.nutritioncouncil.org). And to tap into the vast reading resources and fun stuff from The Public Library of Cincinnati and Hamilton County, visit their kid friendly site at <http://kidspace.cincinnati.library.org>.

Schools interested in participating in the Kids Marathon can sign up on the Flying Pig Marathon website. Schools that do wish to take part should enter the school name on the form so you will be registered as a group.

Contact: Jackie Reau/Betsy Ross  
Game Day Communications  
513-929-4263

### **Flying Pig Fleet Feet 5K Announces “No Boundaries” Training Program**

**CINCINNATI** (February 12, 2010) – The Flying Pig Fleet Feet 5K, part of the Cincinnati Flying Pig Marathon powered by P&G, is adding the national “No Boundaries” training program to encourage beginners to take part in the 5K, scheduled for Saturday, May 1.

“The Fleet Feet 5K has become more popular over the years, and we are expecting this training program to bring in even more participants,” said Iris Simpson-Bush, executive director. “We are excited to have Fleet Feet Cincinnati take an active part in introducing more runners and walkers to the 5K.”

The 12-week No Boundaries training program focuses on beginners, but all levels of walkers and runners are welcome to participate. Along with training, the program provides motivation to keep moving, group training runs or walks, and educational clinics on nutrition, choosing the right gear and avoiding injury.

The No Boundaries training program begins February 17. For information on registration and the training program, visit [www.flyingpigmarathon.com](http://www.flyingpigmarathon.com).

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The 12<sup>th</sup> annual Cincinnati Flying Pig Marathon weekend powered by P&G will be April 30-May 2, 2010. Follow the Marathon on Twitter at [www.twitter.com/runflyingpig](http://www.twitter.com/runflyingpig) and become a fan on Facebook at Flying Pig Marathon.

Contact: Jackie Reau/Betsy Ross  
Game Day Communications  
(513) 929-4263

### **FLYING PIG MARATHON TO BE PART OF 2010 RUNNER'S WORLD CHALLENGE TRAINING**

**CINCINNATI** –(February 9 2010) – The Cincinnati Flying Pig Marathon powered by P&G will be the next stop on the Runner's World Challenge series for both the Marathon and half marathon events.

"We are honored to be part of Runner's World select program to offer training programs for events across the country," said Iris Simpson-Bush, executive director. "We will be giving Runner's World participants a 'major league' experience to make their Marathon and half marathon the best ever."

This is only the second stop in the Runner's World Challenge after the inaugural event this fall at the marathon in Richmond, VA. Participants receive a Runner's World book, technical shirt, a private website offering advice from editors and fellow runners, an expert-level training program, reference guides, and advice from Runner's World editors on training, nutrition and injury prevention.

At the Flying Pig Marathon powered by P&G, Runner's World participants will be treated to a reserved VIP area within Paul Brown Stadium before the start of the Sunday events, and will have a post-race private reunion area at Great American Ball Park, complete with refreshments and free massages.

Training is under way on line, along with information and registration, all available at [www.flyingpigmarathon.com](http://www.flyingpigmarathon.com).

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The 12<sup>th</sup> annual Cincinnati Flying Pig Marathon weekend powered by P&G will be April 30-May 2, 2010. Follow the Marathon on Twitter at [www.twitter.com/runflyingpig](http://www.twitter.com/runflyingpig) and become a fan on Facebook at Flying Pig Marathon.

## STAFF & CHARITIES

### THE FLYING PIG MARATHON STAFF

#### **Iris Simpson-Bush, executive director**

Iris Simpson-Bush has been involved with the Marathon since its planning stages, as a volunteer and board member before taking over the executive director's job in 2002. Under Iris' direction, the Marathon reached new highs in registration and corporate sponsorship, expanded the Victory Party, added a 10K and boasted 'entertainment every mile' in 2003. For 2004 she added a 5K fun run and in 2005 added the Half Marathon presented by National City. She and the Marathon were recognized by the Greater Cincinnati Convention and Visitors Bureau in 2004 with the Spirit award for contributions to Greater Cincinnati tourism.

**Shawn Verhoff, operations director**, has extensive experience at both the Columbus and Flying Pig marathons. He is a graduate of Ohio State University and is vice president of Promotions-One, a Columbus, Ohio event management company.

**John Vesprani, start/finish coordinator**, has a Masters in Sports Management & Marketing from Ohio State University. He has planned and executed sports and promotional events ranging from NFL Super Bowl on-field pre-game shows to game day management of Ohio State football & basketball games to marketing campaigns at NASCAR races to charity golf outings and other fundraisers.

**John Cappella, course coordinator**, has worked on the Flying Pig Marathon since 2004 in numerous capacities. He has a master's in sports administration from Xavier University and has organized media, finish line and entertainment zones for the Flying Pig Marathon.

#### **Joel Barnhill, Saturday events**

Joel is serving as director of post-race events for Saturday as well as for Sunday at the Flying Pig Marathon. His sports events experience includes time as assistant commissioner of the Horizon League and assistant athletic director at the University of Cincinnati.

#### **Denise Hovey, administrative director**

Denise Hovey has served as the Marathon's administrative director since June of 1999, but was a volunteer for the first Flying Pig Marathon as registrar. She oversees registration, as well as the Expo management and organization and with her husband, Marty Hovey, keeps the website up to date.

#### **Stephanie Mileham, events coordinator**

A member of the Game Day Communications team, Stephanie has worked on the Pig in various capacities for five years. This is her first year to take on the management of the VIP and Pasta parties and other ancillary events.

#### **Jackie Reau/Betsy Ross, communications directors**

Jackie Reau and Betsy Ross of Game Day Communications have handled the communications and public relations for the Cincinnati Flying Pig Marathon since 2003.

#### **Jim Bush, merchandise**

Jim moves from the Board side of the Marathon to the retail side, starting a new website for Pig gear ([www.flyingpigstore.com](http://www.flyingpigstore.com)) and adding new items to the retail line.

#### **Lindsey Manck, sponsorships**

Lindsey has worked throughout the season acquiring sponsorships and overseeing the P&G Health and Fitness Expo.

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